

MCT
MANJARA CHARITABLE TRUST

Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Chavan Tirupati Shankar

has successfully completed Yoga section

conducted on 21st June to 23rd June 2018

Date : 23/06/2018



Shalini

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec-04, Airoli, Navi Mumbai-400 708

MCT
MANJARA CHARITABLE TRUST

**Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce**

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Baghel Sonu Ashok
has successfully completed Yoga Session

conducted on 21st June to 23rd June 2018

Date : 23/6/2018



Jalini

Principal

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector-04, Airoli, Navi Mumbai - 400 708

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Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Apte Pratik Prakash Pooja

has successfully completed Interview Preparation and Group Discussion

conducted on 10th Jan to 12th Jan 2019

Date : 12th Jan 2019



Shalini

Principal

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec. 4, Airoli, Navi Mumbai 400 708

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Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Pisal Dipika Lalasaheb Neeta
has successfully completed Interview preparation and group Discussion
conducted on 10th Jan to 12th Jan 2019

Date : 12th Jan 2019



Shalini

Principal

Smt. Sushiladevi Deshmukh College of
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Sector-04, Airoli, Navi Mumbai - 400 708

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(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Bhave Manali Anant

has successfully completed Yoga section

conducted On 20th June to 22 June 2019

Date : 22 June 2019



Shalini

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec. 04, Airoli, Navi Mumbai - 400 708

MCT
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**Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce**

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Urota Renuka Narhari

has successfully completed Yoga section

conducted on 20th June to 22 June 2019

Date : 22 June 2019



Shalini
PRINCIPAL
Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector-04, Airoli, Navi Mumbai - 400 708

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**Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce**

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Mishra Kanchan Vilas

has successfully completed Public speaking

conducted on 16th Jan to 18th Jan 2020

Date : 18th Jan 2020



Shalini

Principal

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec. 4, Airoli, Navi Mumbai 400 708

MCT
MANJARA CHARITABLE TRUST

**Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce**

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Momin Masoom Asif

has successfully completed Public Speaking

conducted on 16th Jan to 18th Jan 2020

Date: 18th Jan 2020



Shalini

Principal

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector-04, Airoli, Navi Mumbai - 400 708

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Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Patil Roshani Dhanaji
has successfully completed Yoga section
conducted ON 21st June to 23rd June 2020

Date : 23rd June 2020



Shalini

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec. 4, Airoli, Navi Mumbai - 400 708

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**Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce**

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Daunde Pankaj Balaram

has successfully completed Yoga Section

conducted ON 21 June to 23rd June 2020

Date : 23rd June 2020



Shalini

Principal

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec-4, Airoli, Navi Mumbai - 400 708

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Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Jha Shubham Vinit
has successfully completed Professional email writing and grammar
Vocabulary abilities
conducted On 18th march to 20th march 2021

Date : 20th march 2021



Shalini

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector-04, Airoli, Navi Mumbai - 400 708

MCT
MANJARA CHARITABLE TRUST

**Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce**

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Dhilpe Sakshi Jugna
has successfully completed Professional email writing and grammar
Vocabulary abilities
conducted On 18th march to 20th march 2021

Date : 20th march 2021



Shalini

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
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Sector-04, Airoli, Navi Mumbai - 400 708

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Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Agarwal Karishma Shyam (Radha)
has successfully completed Yoga section
conducted On 21st June to 23rd June 2021.

Date : 23rd June 2021.



Shalini

Principal

Smt. Sushiladevi Deshmukh College of
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Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Kotkar Arpan shyam (Harshali)

has successfully completed Yoga section

conducted On 21st June to 23rd June 2021

Date : 23rd June 2021



Shalini

Principal

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector-04, Airoli, Navi Mumbai - 400 708

MCT
MANJARA CHARITABLE TRUST

**Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce**

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Balid Kiran Dilip (Rekha)

has successfully completed Job Readiness.

conducted ON 20th Jan to 22th Jan 2022.

Date : 22th Jan 2022.



Shalini

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector-04, Airoli, Navi Mumbai - 400 708

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MANJARA CHARITABLE TRUST

Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Pati Aniket Santosh (Jyoti)

has successfully completed Job Readiness

conducted On 20th Jan to 22th Jan 2022.

Date: 22th Jan 2022.



Shalini

Principal

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector-04, Airoli, Navi Mumbai - 400 708

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Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Patil Pranita Janardhan

has successfully completed Coping with emotions

conducted on 10th march to 12th march 2022.

Date : 12th march 2022.



Shalini

Principal

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector-04, Airoli, Navi Mumbai - 400 708

MCT
MANJARA CHARITABLE TRUST

Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Khan Taki Ahmad Shafi Ahmad

has successfully completed Coping with emotions

conducted on 10th march to 12th march 2022

Date : 12th march 2022.



Shalini

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector-04, Airoli, Navi Mumbai - 400 708

MCT
MANJARA CHARITABLE TRUST

**Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce**

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Bhosale Sushant Shivaji Usha
has successfully completed Yoga section

conducted On 20th June to 22th June 2022.

Date : 22th June 2022.



Shahini

PRINCIPAL
Principal

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec-04, Airoli, Navi Mumbai - 400 708

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MANJARA CHARITABLE TRUST

Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Yadav Shilpa Phoolchand.

has successfully completed Yoga Section.

conducted On 20th June to 22th June 2022.

Date : 22th June 2022.



Shalini

Principal

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector-04, Airoli, Navi Mumbai - 400 708

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MANJARA CHARITABLE TRUST

Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Vidhate Vivek Ranjit

has successfully completed Stress management And meditation.

conducted On 25th Aug to 27th Aug 2022.

Date : 27th Aug 2022.



Shalini

Principal

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec-04, Airoli, Navi Mumbai - 400 708

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MANJARA CHARITABLE TRUST

Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Singh Ayush Jayprakash.

has successfully completed Stress Management And meditation.

conducted At 25th Aug to 27th Aug 2022.

Date : 27th Aug 2022.



Shalini

Principal

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector-04, Airoli, Navi Mumbai - 400 708

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Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Ansari Nahid Tazuddin.

has successfully completed Cyber Security

conducted On 9th Jan to 11th Jan 2023.

Date : 11th Jan 2023.



Shalini
Principal
Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector-04, Airoli, Navi Mumbai - 400 708

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MANJARA CHARITABLE TRUST

Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce

(Affiliated to University of Mumbai)

Sector-04, Airoli, Navi Mumbai - 400 708.

Certificate

This is to certify that Koli Dev Dilip.

has successfully completed Cyber Security.

conducted On 9th Jan to 11th Jan 2023.

Date : 11th Jan 2023.



Shabini
PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Principal
Sec. 4, Airoli, Navi Mumbai 400 708

MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI NAVI MUMBAI

Notice to Students

DATE -15th June 2018

Yoga Session for All Students

Dear Students,

We are excited to announce a special yoga session organized by Patanjali Yog Sansthan, which will be held in our college quadrangle on **21st June 2018**. This session is open to all students, and we encourage each one of you to participate and experience the numerous benefits of yoga.

Yoga is an ancient practice that promotes physical, mental, and spiritual well-being. It helps in reducing stress, increasing flexibility, improving concentration, and fostering a positive outlook on life. This session will be a great opportunity for all of you to learn various yoga asana and breathing techniques under the guidance of experienced instructors from Patanjali Yog Sansthan.

Event Details: Date: 21st June 2018 to 23rd June 2018 Time: 4:00 PM to 6:00 PM Venue:

College Quadrangle

Participation in this yoga session is completely free of charge, and we encourage all students to be present. Please wear comfortable clothing suitable for physical activities and bring your own yoga mat if possible. If you don't have a yoga mat, don't worry we will provide some alternate arrangement.

Best regards,

Dr. Shalini Vermani

[Principal]

PRINCIPAL

Smt. Sushiladevi Doshmukh College of
Arts, Science & Commerce
Sec. 4 Airoli Navi Mumbai 400 704



MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

Invitation

To,

Patanjali Yog Peeth ,

Vashi,

Subject: Invitation letter to Patanjali Yog Peeth for conducting

"Yoga Session". for students.

The college has inviting you and your team for organising yoga session for the benefit of our students.

Thank You for considering this invitation we look forward to your positive response.

Best Regards,

Shalini
Principal

Dr. Shalini Vermani.

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec- 4, Airoli, Navi Mumbai 400 708

Smt. Sushiladevi Deshmukh Degree College of Arts Science and commerce, Airoli.



MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

LETTER OF APPRECIATION

To,

Patanjali Yog Peeth, Vashi

On behalf of Smt. Sushila Devi Deshmukh Degree College of Arts, Science and Commerce want to express our appreciation to you for Conducting the sessions on Life Skill programme "YOGA SESSION" from 21st June to 23rd June 2018 was extremely beneficial for our Students.

We would like to have such wonderful session in coming future.



THANKS & REGARDS

Shalini
Principal

Dr. Shalini Vermani.

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec-4, Airoli, Navi Mumbai 400 704

MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI NAVI MUMBAI

Notice to Students

DATE -07th January 2019

Interview Preparation & Group Discussion Session (Soft Skill)

Dear Students,

Subject: Interview Preparation & Group Discussion Session

Dear Students,

We are pleased to inform you that a special session on "Interview Preparation & Group Discussion" has been organized for all interested students. The session will be conducted by Ms. Prema Bardan, a professional with vast experience.

Details of the session are as follows:

Date: 10th January 2019 to 12th January 2019 Timing: 3:00 pm to 5:00 pm Venue: Room no Degree 12

During the session, Ms. Prema Bardan will provide valuable insights and tips on how to excel in interviews and group discussions. This interactive session aims to equip you with the necessary skills and confidence to ace these crucial aspects of the job selection process.

Key topics to be covered:

Interview etiquettes and best practices

Commonly asked interview questions and how to answer them effectively

Strategies for tackling group discussions

Techniques to improve communication and interpersonal skills

Participation in this session is highly encouraged for all students seeking to enhance their employability and interview performance.

We look forward to your active participation in this session to make it a resounding success.

Best regards,

Dr. Shalini Verma

[Principal]

PRINCIPAL

Dr. Shalini Verma
Arts, Science & Commerce
Sec - A Airoli Navi Mumbai 400 092



MCT
MANJARA CHARITABLE TRUST
MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

Invitation

To,

Ms. Prema Bardan.

J.V. M'S Mehta Degree College

Airoli, Navi-Mumbai.

Subject: Invitation letter to be a resource person on interview preparation
And group discussion.

Dear Madam,

I write to you with a warm heart and wishes. I hope you are in the best of health
And spirits. As you may have had the pleasure of knowing we are conducting a
Programme on soft skill for Third year students. The college has invited you to be
The resource person for this event.

Thank You for considering this invitation we look forward to your positive response.

Best Regards,



Shalini

Principal
PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec 4 Airoli, Navi Mumbai 400 708

Smt. Sushiladevi Deshmukh Degree College of Arts Science and commerce, Airoli.

MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

LETTER OF APPRECIATION

To,

Mrs. Prema Bardan

J.V.M'S Mehta Degree College

Airoli, Navi-Mumbai.

On behalf of Smt. Sushila Devi Deshmukh Degree College of Arts, Science and Commerce want to express our appreciation to you for Conducting the informative guidance sessions on soft Skill programme "Interview Preparation and group discussion" from 10th Jan to 12th Jan'2019 It was extremely informative for our Students.

We would like to have such wonderful session in coming future.

THANKS & REGARDS



Shalini

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec-4 Airoli Navi Mumbai 400 708

MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI NAVI MUMBAI
Notice to Students

DATE -15th June 2019

Yoga Session for All Students

Dear Students,

We are excited to announce a special yoga session organized by Patanjali Yog Sansthan, which will be held in our college quadrangle on 20th June 2019. This session is open to all students, and we encourage each one of you to participate and experience the numerous benefits of yoga.

Yoga is an ancient practice that promotes physical, mental, and spiritual well-being. It helps in reducing stress, increasing flexibility, improving concentration, and fostering a positive outlook on life. This session will be a great opportunity for all of you to learn various yoga asana and breathing techniques under the guidance of experienced instructors from Patanjali Yog Sansthan.

Event Details: Date: 20th June 2019 to 22nd June 2019 Time: 4:00 PM to 6:00 PM Venue: College Quadrangle

Participation in this yoga session is completely free of charge, and we encourage all students to be present. Please wear comfortable clothing suitable for physical activities and bring your own yoga mat if possible. If you don't have a yoga mat, don't worry we will provide some alternate arrangement.


Best regards,

Dr. Shalini Vermani

[Principal]

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
9th & Airoli Navi Mumbai 400 706



MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

Invitation

To,

Patanjali Yog Peeth ,

Vashi,

Subject: Invitation letter to Patanjali Yog Peeth for conducting

"Yoga Session". for students.

The college has inviting you and your team for organising yoga session for the benefit of our students.

Thank You for considering this invitation we look forward to your positive response.

Best Regards,


Principal

Dr. Shalini Vermani.

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, science & Commerce
Sec 4 Airoli Navi Mumbai 400 706

Smt. Sushiladevi Deshmukh Degree College of Arts Science and commerce, Airoli.



MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

LETTER OF APPRECIATION

To,

Patanjali Yog Peeth, Vashi

On behalf of Smt. Sushila Devi Deshmukh Degree College of Arts, Science and Commerce want to express our appreciation to you for Conducting the sessions on Life Skill programme "YOGA SESSION" from 20th June to 22nd June 2019. It was extremely beneficial for our Students.

We would like to have such wonderful session in coming future.

THANKS & REGARDS



Shalini
Principal

Dr. Shalini Vermani.

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector 4, Airoli, Navi Mumbai 400 708

MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI NAVI MUMBAI

Notice to Students

DATE -11th January 2020

Public Speaking Session (Language and Communication Skill)

Subject: Public Speaking Session

We are pleased to inform all interested students that a Public Speaking Session will be held on **16th January 2020 to 18th January 2020 from 3:00 pm to 5:00 pm**. The session will be conducted by the experienced speaker, **Mr. Sanjay Gupta**.

Public speaking is an essential skill that can boost your confidence and communication abilities, helping you excel in various aspects of life. Whether it's presenting your ideas in class or speaking up during group discussions, mastering the art of public speaking can significantly enhance your academic and personal growth.

Details of the Session:

Date: 16th January 2020 to 18th January 2020

Time: 3:00 pm - 5:00 pm

Venue: Room No. Degree 4

Mr. Sanjay Gupta has an experience in motivating and inspiring audiences. During the session, he will share valuable insights, tips, and techniques to help you become a more effective and confident speaker.

We encourage all interested students to attend this session and make the most of this valuable opportunity. Please arrive on time to ensure a seat as space may be limited.

Thank you for your attention, and we look forward to seeing you at the Public Speaking Session!

Best regards,

Dr. Shalini *[Signature]*

[Principal]
PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec - 4, Airoli, Navi Mumbai 400 708



MCT

MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

Invitation

To,

Ms. Sanjay Gupta.

J.V. M'S Mehta Degree College

Airoli, Navi-Mumbai.

Subject: Invitation letter to be a resource person on Public speaking.

Dear Sir,

I write to you with a warm heart and wishes. I hope you are in the best of health
And spirits. As you may have had the pleasure of knowing we are conducting a
Programme on language and communication skill for first year students. The college
Has invited you to be the resource person for this event.

Thank You for considering this invitation we look forward to your positive response.

Best Regards,



Shalini

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce

Sec. 4, Airoli, Navi Mumbai 400 704

Smt. Sushiladevi Deshmukh Degree College of Arts Science and commerce, Airoli.

MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

LETTER OF APPRECIATION

To,

Mr. Sanjay Gupta

J.V. M'S Mehta Degree College

Airoli, Navi-Mumbai

On behalf of Smt. Sushila Devi Deshmukh Degree College of Arts,
Science and Commerce want to express our appreciation to you for Conducting informative
session on Language & Communication Skill programme "Public Speaking" from
16th Jan to 18th Jan 2020 It was extremely informative for our Students.

We would like to have such wonderful session in coming future.



THANKS & REGARDS

Shalini
Principal

Dr. Shalini Vermani.

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec.-4 Airoli, Navi Mumbai 400 708

MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI NAVI MUMBAI
Notice to Students

DATE -15th June 2020

Yoga Session for All Students

Dear Students,

We are excited to announce a special yoga session organized by Patanjali Yog Sansthan, which will be held in our college quadrangle on **21st June 2020**. This session is open to all students, and we encourage each one of you to participate and experience the numerous benefits of yoga.

Yoga is an ancient practice that promotes physical, mental, and spiritual well-being. It helps in reducing stress, increasing flexibility, improving concentration, and fostering a positive outlook on life. This session will be a great opportunity for all of you to learn various yoga asana and breathing techniques under the guidance of experienced instructors from Patanjali Yog Sansthan.

Event Details: Date: 21st June 2020 to 23rd June 2020 Time: 10:00 AM to 12:00 PM Venue: Google Meet.

Participation in this yoga session is completely free of charge, and we encourage all students to be present. Please wear comfortable clothing suitable for physical activities and a yoga mat if possible.

Best regards,

Dr. Shalini Vermani

[Principal]

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec. 4, Airoli, Navi Mumbai 400 704



MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

Invitation

To,
Patanjali Yog Peeth ,
Vashi,

Subject: Invitation letter to Patanjali Yog Peeth for conducting
"Yoga Session". for students.

The college has inviting you and your team for organising yoga session for the benefit of our students.

Thank You for considering this invitation we look forward to your positive response.

Best Regards,

Shalini
Principal

Dr. Shalini Vermani.

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec. 4, Airoli, Navi Mumbai 400 705



Smt. Sushiladevi Deshmukh Degree College of Arts Science and commerce, Airoli.

MCT
MANJARA CHARITABLE TRUST
MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

LETTER OF APPRECIATION

To,

Patanjali Yog Peeth, Vashi

On behalf of Smt. Sushila Devi Deshmukh Degree College of Arts,
Science and Commerce want to express our appreciation to you for Conducting the sessions
on Life Skill programme "YOGA SESSION" from 21st June to 23rd June 2020. It
was extremely beneficial for our Students.

We would like to have such wonderful session in coming future.

THANKS & REGARDS



Shalini
Principal

Dr. Shalini Vermani.

PRINCIPAL

Smt. Sushila Devi Deshmukh College of
Arts, Science & Commerce
Smt. A. V. Deshmukh Building, 400 708

MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI NAVI MUMBAI

Notice to Students

DATE -13th March 2020

Email Writing Session (Soft Skill)

Dear Students,

Subject: Email Writing Session

We are pleased to inform you that a session on "Email Writing" has been scheduled for all students. This session aims to enhance your communication skills and provide valuable insights into the art of writing effective emails.

Details of the session are as follows:

Date: 18th March 2021 to 20th March 2021

Timing: 3:00 pm to 5:00 pm

Venue: Room No. Degree 4

Conducted by: Dr. Anjana Rawat

This session is an excellent opportunity for you to develop essential email writing techniques that will be beneficial for your academic and professional pursuits. Dr. Anjana Rawat, a seasoned expert in communication skills, will be guiding you throughout the session.

We strongly encourage all students to attend this valuable session to improve your email writing proficiency and make a lasting impression in your future endeavours.

Don't miss out on this learning opportunity!


Best regards,

Dr. Shalini Vermani

[Principal]
PRINCIPAL

Smt. Sushiladevi Deshmukh College of

Arts, Science & Commerce

Sec. 4, Airoli, Navi Mumbai 400 704



MCT
MANJARA CHARITABLE TRUST
MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

Invitation

To,

Dr. Anjana Rawat.

Subject: Professional email writing and Grammar Vocabulary Abilities in Corporate world

Dear Madam,

I write to you with a warm heart and wishes. I hope you are in the best of health

And spirits. As you may have had the pleasure of knowing we are conducting a

Programme on Soft skill for First year students. The college

Has invited you to be the resource person for this event.

Thank You for considering this invitation we look forward to your positive response.

Best Regards,



Shalini

Principal

Dr. Shalini Vermani.

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec. 4, Airoli, Navi Mumbai 400 705

Smt. Sushiladevi Deshmukh Degree College of Arts Science and commerce, Airoli.

MCT
MANJARA CHARITABLE TRUST
MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

LETTER OF APPRECIATION

To,

Dr. Anjana Rawat,

On behalf of Smt. Sushila Devi Deshmukh Degree College of Arts, Science and Commerce want to express our appreciation to you for Conducting informative session on Soft Skill programme "EMAIL WRITING" from 18th March to 20th March 2021 it was extremely informative for our Students.

We would like to have such wonderful session in coming future.

THANKS & REGARDS



Shalini
Principal

Dr. Shalini Vermani.

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Bldg - A, Airoli, Navi Mumbai 400 708

MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI NAVI MUMBAI
Notice to Students

DATE -18th June 2021

Yoga Session for All Students

Dear Students,

We are excited to announce a special yoga session organized by Patanjali Yog Sansthan, which will be held in our college quadrangle on **21st June 2021**. This session is open to all students, and we encourage each one of you to participate and experience the numerous benefits of yoga.

Yoga is an ancient practice that promotes physical, mental, and spiritual well-being. It helps in reducing stress, increasing flexibility, improving concentration, and fostering a positive outlook on life. This session will be a great opportunity for all of you to learn various yoga asana and breathing techniques under the guidance of experienced instructors from Patanjali Yog Sansthan.

Event Details: Date: 21st June 2021 to 23rd June 2021 Time: 10:00 AM to 12:00 PM Venue: Google Meet.

Participation in this yoga session is completely free of charge, and we encourage all students to be present. Please wear comfortable clothing suitable for physical activities and a yoga mat if possible.

Best regards,

Dr. Shalini Vermani

[Principal]

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
C-4 Airoli, Navi Mumbai 400 708



MCT
MANJARA CHARITABLE TRUST
MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

Invitation

To,
Patanjali Yog Peeth ,
Vashi,

Subject: Invitation letter to Patanjali Yog Peeth for conducting
"Yoga Session". for students.

The college has inviting you and your team for organising yoga session for the benefit of our students.

Thank You for considering this invitation we look forward to your positive response.

Best Regards,

Shalini
Principal

Dr. Shalini Vermani.

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec. 4, Airoli, Navi Mumbai-400 705



MCT
MANJARA CHARITABLE TRUST
MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

LETTER OF APPRECIATION

To,

Patanjali Yog Peeth, Vashi

On behalf of Smt. Sushila Devi Deshmukh Degree College of Arts, Science and Commerce want to express our appreciation to you for Conducting the sessions on Life Skill programme "YOGA SESSION" from 21st June to 23rd June 2021. It was extremely beneficial for our Students.

We would like to have such wonderful session in coming future.

THANKS & REGARDS



Shalini
Principal

Dr. Shalini Vermani.

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec-4, Airoli, Navi Mumbai 400 708

MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI NAVI MUMBAI

Notice to Students

DATE -15th January 2022

Job Readiness Session (Life Skill)

Dear Students,

Subject: Job Readiness Session

We are pleased to announce a special session on "Job Readiness" to help you prepare for your future career endeavours. This session aims to equip you with essential skills and knowledge to excel in the professional world.

Date: 20th January 2022 to 22nd January 2022

Timing: 3:00 PM to 5:00 PM

Venue: Room No. Degree 12

Session Facilitator: Dr. UK NAMBIAR

Dr. UK NAMBIAR is an experienced professional and possesses valuable insights to share with our students. Attending this session will provide you with valuable tips and guidance on various aspects of job readiness, including resume building, interview techniques, and workplace etiquette.

We encourage all students to make the most of this opportunity and attend the session. Investing in your personal and professional growth is crucial for a successful future.

Looking forward to your active participation.

Shalini
Best regards,

Dr. Shalini Vermani

Principal

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec - 4, Airoli, Navi Mumbai 400 704



MCT
MANJARA CHARITABLE TRUST
MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

Invitation

To,

Dr.UK Nambiar

Subject: Invitation letter to be a resource person on Job Readiness

Dear Sir,

I write to you with a warm heart and wishes. I hope you are in the best of health
And spirits. As you may have had the pleasure of knowing we are conducting a
Programme on Life skill for Third year students. The college
Has invited you to be the resource person for this event.

Thank You for considering this invitation we look forward to your positive response.

Best Regards,



Shalini
Principal

Dr. Shalini Vermani.

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec. 4 Airoli Navi Mumbai 400 708

Smt. Sushiladevi Deshmukh Degree College of Arts Science and commerce, Airoli.

MCT
MANJARA CHARITABLE TRUST
MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

LETTER OF APPRECIATION

To,

DR. UnniKrishnan Nambiar,

Principal,

MCT'S College of Law,

Airoli, Navi-Mumbai.

On behalf of Smt.SushilaDevi Deshmukh Degree College of Arts,
Science and Commerce want to express our appreciation to you for Conducting informative
session on Life Skill programme "JOB READINESS" from 20th Jan 2022
to 22nd Jan 2022. It was extremely informative for our Students.

We would like to have such wonderful session in coming future.

THANKS & REGARDS



Shalini
Principal

Dr. Shalini Vermani,

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec. 4, Airoli, Navi Mumbai 400 709

MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI NAVI MUMBAI

Notice to Students

DATE -20th August 2022

"Coping with Emotion Session"(Life Skill)

Dear Students,

Subject: Coping with Emotion Session on 10th March 2022 to 12th March 2022

We are pleased to announce a special session on "Coping with Emotion" to help you develop essential emotional management skills. The session will be conducted by Dr. Savita Sable, a skilled facilitator known for his expertise in guiding individuals towards emotional well-being.

Details of the session are as follows:

Date: 10th March 2022 to 12th March 2022

Time: 4:00 PM to 6:00 PM

Venue: Room No. Degree 12

Emotional well-being is vital for maintaining a healthy and balanced life. This session aims to provide you with practical techniques to cope with various emotions effectively. You will learn strategies to manage stress, anxiety, and other emotional challenges that may arise during your academic journey and beyond.

Don't miss this opportunity to enhance your emotional intelligence and resilience. The skills you gain from this session will be valuable in your personal and professional life.

We look forward to your active participation in this transformative session.

Best regards,

Dr. Shalini Vermani

[Principal]

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec. 4, Airoli, Navi Mumbai-400706



MCT

MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

Invitation

To,

Dr.Savita Sable.

Subject: Invitation letter to be a resource person on "Coping with Emotion".

Dear Madam,

I write to you with a warm heart and wishes. I hope you are in the best of health

And spirits. As you may have had the pleasure of knowing we are conducting a

Programme on Life skill for first Year students. The college has invited you

To be the resource person for this event.

Thank You for considering this invitation we look forward to your positive response.

Best Regards,



Shalini
Principal

Dr.Shalini Vermani.

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec - 4 Airoli, Navi Mumbai 400 708

Smt.Sushiladevi Deshmukh Degree College of Arts Science and commerce, Airoli.

MCT
MANJARA CHARITABLE TRUST
MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

LETTER OF APPRECIATION

To,
DR. Savita Sable,
Principal,
MCT'S College of Education and Research,
Airoli, Navi-Mumbai

On behalf of Smt.SushilaDevi Deshmukh Degree College of Arts,
Science and Commerce want to express our appreciation to you for Conducting informative
session on Life Skill programme "COPING WITH EMOTION" from 10th march
to 12th march 2022 It was extremely informative for our Students.

We would like to have such wonderful session in coming future.

THANKS & REGARDS



Shalini
Principal

Dr. Shalini Vermani,

PRINCIPAL
Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec. 4-Airoli, Navi Mumbai-400 105

MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI NAVI MUMBAI

Notice to Students

DATE -17th June 2022

Yoga Session for All Students

Dear Students,

We are excited to announce a special yoga session organized by Patanjali Yog Sansthan, which will be held in our college quadrangle on **20th June 2022**. This session is open to all students, and we encourage each one of you to participate and experience the numerous benefits of yoga.

Yoga is an ancient practice that promotes physical, mental, and spiritual well-being. It helps in reducing stress, increasing flexibility, improving concentration, and fostering a positive outlook on life. This session will be a great opportunity for all of you to learn various yoga asana and breathing techniques under the guidance of experienced instructors from Patanjali Yog Sansthan.

Event Details: Date: 20th June 2022 to 22nd June 2022 Time: 4:00 PM to 6:00 PM Venue: College Quadrangle Participation in this yoga session is completely free of charge, and we encourage all students to be present. Please wear comfortable clothing suitable for physical activities and bring your own yoga mat if possible. If you don't have a yoga mat, don't worry we will provide some alternate arrangement.

Best regards,

Dr. Shalini Vermani

[Principal]


PRINCIPAL

Smt. Sushiladevi, Deshmukh College of
Arts, Science & Commerce
Mar. 4 Airoli Navi Mumbai 400 706



MCT
MANJARA CHARITABLE TRUST
MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

Invitation

To,

Patanjali Yog Peeth ,

Vashi,

Subject: Invitation letter to Patanjali Yog Peeth for conducting

"Yoga Session". for students.

The college has inviting you and your team for organising yoga session for the benefit of our students.

Thank You for considering this invitation we look forward to your positive response.

Best Regards,

Principal

Dr. Shalini Vermani.

Shalini
Principal

Dr. Shalini Vermani.

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec- 4 Airoli, Navi Mumbai 400 704



Smt. Sushiladevi Deshmukh Degree College of Arts Science and commerce, Airoli.

MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

LETTER OF APPRECIATION

To,

Patanjali Yog Peeth, Vashi

On behalf of Smt. Sushila Devi Deshmukh Degree College of Arts, Science and Commerce want to express our appreciation to you for Conducting the sessions on Life Skill programme "YOGA SESSION" from 20th June to 22nd June 2022. It was extremely beneficial for our Students.

We would like to have such wonderful session in coming future.

THANKS & REGARDS



Principal

Dr. Shalini Verma

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector - 4, Airoli, Navi Mumbai 400 704

MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI NAVI MUMBAI

Notice to Students

DATE - 20th August 2022

"Stress Management & Meditation"(Life Skill)

Dear Students,

Subject: Session on Stress Management & Meditation

We are pleased to announce a special session on "Stress Management & Meditation" to help you lead a balanced and peaceful life. In today's fast-paced world, it is essential to learn effective techniques to manage stress and maintain mental well-being.

Date: 25th August 2022 to 27th August 2022

Timing: 3:00 PM to 5:00 PM

Venue: Room no. Degree 4

Speaker: Mr. Rajendra Thombare

About the Speaker:

Mr. Rajendra Thombare is an experienced and certified meditation and stress management expert. He has conducted numerous workshops and has helped individuals from all walks of life achieve a state of mental clarity and tranquillity.

Session Overview:

The session will cover various aspects, including:

Understanding stress and its impact on health

Learning practical techniques for stress management

Introduction to meditation and its benefits

Guided meditation practice

Q&A session to address your queries

Participation in this session is highly encouraged, as it will equip you with valuable tools to cope with academic pressures and personal challenges effectively.

Best regards,

Dr. Shalini Vermani

PRINCIPAL

(Principal)

Sushiladevi Degree College of

Arts, Science & Commerce

Sec-4 Airoli, Navi Mumbai 400 708



MCT

MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

Invitation

To,

Ms. The Life Eternal Trust.

Subject: Invitation letter to be a resource person on "Stress management and Meditation".

Dear Madam,

I write to you with a warm heart and wishes. I hope you are in the best of health
And spirits. As you may have had the pleasure of knowing we are conducting a
Programme on Life skill for First year students. The college has invited you
To be the resource person for this event.

Thank You for considering this invitation we look forward to your positive response.

Best Regards,

Shalini
Principal

Dr. Shalini Vermani.

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec. 4, Airoli, Navi Mumbai, 401 704



Smt. Sushiladevi Deshmukh Degree College of Arts Science and commerce, Airoli.

MCT MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

LETTER OF APPRECIATION

To,

Life Eternal Trust,

Airoli ,Navi-Mumbai

On behalf of Smt.SushilaDevi Deshmukh Degree College of Arts,
Science and Commerce want to express our appreciation to you for Conducting informative
session on Life Skill programme "**STRESS MANAGEMENT AND MEDITATION**" from

25th Aug to 27th Aug 2022 it was extremely informative for our Students.

We would like to have such wonderful session in coming future.

THANKS & REGARDS



Shalini
Principal

Dr. Shalini Vermani.

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce, Airoli, Navi Mumbai 400 706

MCT

MANJARA CHARITABLE TRUST

MCT SUSHILADEVI DEGREE COLLEGE AIROLI NAVI MUMBAI

Notice to Students

DATE -2nd January 2023

Cyber Security Session (ICT/Computing)

Dear Students,

Subject: Cyber Security Session

This is to inform all the students that a valuable session on "Cyber Security" has been arranged on 9th January 2023. The session will be conducted by Mr. Ashish Chauhan, a renowned expert in the field of Cyber Security.

Details of the session are as follows:

Date: 9th January 2023 to 11th January 2023

Time: 3:00 PM to 5:00 PM

Venue: Room No. Degree 4

The session aims to enhance your awareness and knowledge about the importance of Cyber Security in today's digital world. It will cover various aspects of cybersecurity, including online safety, data protection, and best practices to safeguard against cyber threats.

We encourage all students to attend this session as it will be highly beneficial for your personal and professional growth. Participation certificates will be provided to attendees.


Best regards,

Dr. Shalini Vermani

[Principal]
PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec. 4, Airoli, Navi Mumbai 400 701



MCT
MANJARA CHARITABLE TRUST
MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

Invitation

To,

Mr.Ashish Chavan .

J.V. M'S Mehta Degree College

Airoli, Navi-Mumbai.

Subject: Invitation letter to be a resource person on "Cyber Security".

Dear Madam,

I write to you with a warm heart and wishes. I hope you are in the best of health

And spirits. As you may have had the pleasure of knowing we are conducting a

Programme on ICT/Computing skill for First year students. The college

Has invited you to be the resource person for this.event.

Thank You for considering this invitation we look forward to your positive response.

Best Regards,


Principal

Dr.Shalini Vermani.

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec 4 Airoli Navi Mumbai 400 705

Smt.Sushiladevi Deshmukh Degree College of Arts Science and commerce, Airoli.



MCT
MANJARA CHARITABLE TRUST
MCT SUSHILADEVI DEGREE COLLEGE AIROLI, NAVI MUMBAI

LETTER OF APPRECIATION

To,

Mr. Ashish Chavan,

J.V. M'S Mehta Degree College

Airoli, Navi-Mumbai.

On behalf of Smt. Sushila Devi Deshmukh Degree College of Arts,
Science and Commerce want to express our appreciation to you for Conducting informative
session on ICT/Computing programme "CYBER SECURITY" from 9th Jan 2023
to 11th Jan 2023 It was extremely informative for our Students.

We would like to have such wonderful session in coming future.

THANKS & REGARDS



PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science and Commerce
Sec -4 Airoli, Navi Mumbai 400 708

MCT MANJARA CHARITABLE TRUST

Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce.

(Affiliated to University of Mumbai)

Sector -04, Airoli, Navi Mumbai-400708

DESCRIPTIVE REPORT ON YOGA

Resource Consultant – Patanjali Yog Peeth

Stream – SY

Number of Students - 225

Date :- 21st June to 23rd June 2018

Session I 4 to 5 pm Session II - 5 to 6 pm

Introduction:

Patanjali Yog Peeth, a renowned organization dedicated to promoting yoga and Ayurveda, conducted a yoga activity in our college. This report aims to provide an overview of the event, including its objectives, collaboration details, activities conducted, and the impact it had on the college community.

Objectives:

1. Promote Yoga Awareness: Raise awareness about the significance of yoga for physical, mental, and spiritual well-being among the college community.
2. Introduce Patanjali Yog Peeth: Familiarize participants with Patanjali Yog Peeth's principles and approach towards yoga and natural healing methods.
3. Encourage Regular Practice: Motivate participants to incorporate yoga into their daily routines for a healthier lifestyle.
4. Provide Stress Relief: Offer stress-relief techniques through yoga and meditation practices.

Activities Conducted:

1. Yoga Asanas: Expert instructors guided participants through a variety of yoga asanas (postures) suitable for all levels, including standing, sitting, and lying poses.
2. Pranayama: Breathing exercises (pranayama) were taught to enhance participants' control over their breath and to improve mental focus.
3. Meditation: Guided meditation sessions were conducted to promote mindfulness and inner peace.
4. Ayurvedic Workshop: Patanjali Yog Peeth experts conducted an informative workshop on Ayurveda, explaining its principles and benefits for overall well-being.

Impact and Feedback:

1. Positive Participation: The yoga activity received an overwhelming response from college students, faculty, and staff members, with active participation each day.
2. Stress Reduction: Participants reported a notable reduction in stress levels and an improved sense of well-being after the sessions.
3. Mindfulness: Several attendees expressed how the meditation and mindfulness exercises helped them stay focused and calm during their daily activities.
4. Interest in Yoga: Many participants expressed a newfound interest in yoga and a desire to continue practicing it beyond the event.

Conclusion:

The Yoga for Holistic Wellness activity conducted by Patanjali Yog Peeth in our college was a resounding success. It achieved its objectives of promoting yoga awareness, introducing Patanjali Yog Peeth's principles, and encouraging participants to embrace yoga as part of their daily lives. The positive impact on stress reduction and mindfulness highlighted the benefits of yoga for the college community's overall well-being.



Shalini
PRINCIPAL
Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector -04, Airoli, Navi Mumbai 400 708

MCT MANJARA CHARITABLE TRUST

Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce.

(Affiliated to University of Mumbai)

Sector -04, Airoli, Navi Mumbai-400708

DESCRIPTIVE REPORT ON INTERVIEW PREPARATION AND GROUP DISCUSSION

Resource person – Mrs. Prema Bardhan

Stream – TY

Number of Students - 185

Date :- 10th Jan to 12th Jan 2019

Session I - 3 to 4 pm Session II - 4 to 5 pm

Introduction:

A highly informative Interview Preparation and Group Discussion Session was conducted by Professor Prema Bardhan at College. The event was specifically designed to assist TY students in honing their interview skills and enhancing their group discussion abilities, preparing them for successful career opportunities.

Objective:

The primary objective of the Interview Preparation and Group Discussion Session was to equip TY students with essential skills and techniques to excel in job interviews and group discussions. The event aimed to boost students' confidence and improve their communication and interpersonal skills.

Program Highlights:

1. Interview Preparation:

- Professor Prema Bardhan provided insights into common interview formats, best practices, and key areas of focus during interviews.
- Participants were given tips on creating an impressive resume, crafting effective cover letters, and showcasing their strengths and achievements.

2. Communication and Body Language:

- The session emphasized the importance of effective communication and positive body language during interviews.
- Professor Prema Bardhan demonstrated appropriate body language and verbal communication to leave a lasting impression on potential employers.

3. Group Discussion Techniques:

- Participants were guided on how to actively participate and lead group discussions effectively.
- Strategies to express opinions articulately, listen actively, and build consensus were discussed.

4. Mock Interviews and Practice Sessions:

- To enhance practical learning, mock interview sessions were conducted, where students received individual feedback and constructive criticism.
- Participants engaged in group discussion practice rounds, gaining confidence in expressing their views persuasively.



5. Q&A and Interaction:

- Students had the opportunity to ask questions and clarify doubts related to interviews and group discussions.
- Professor Prema Bardhan shared her experiences and provided valuable insights based on her expertise.

Benefits and Impact:

The Interview Preparation and Group Discussion Session had several positive outcomes, including:

- Enhanced interview skills and confidence among TY students.
- Improved communication and interpersonal skills, leading to more effective group discussions.
- Increased understanding of the interview process and the ability to present oneself professionally.
- Students felt better prepared and motivated to pursue career opportunities.

Feedback and Conclusion:

Feedback from TY students was overwhelmingly positive. Many participants expressed their gratitude to Professor Prema Bardhan for the valuable guidance and insights provided during the session. Students felt more prepared and confident about facing interviews and group discussions.

In conclusion, the Interview Preparation and Group Discussion Session conducted by Professor Prema Bardhan at College proved to be an invaluable and impactful event for TY students. The session not only equipped them with essential skills for interviews and group discussions but also instilled a sense of self-assurance as they embark on their professional journeys.



Shalini
PRINCIPAL
PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec -4 Andri Navi Mumbai 400 700

MCT MANJARA CHARITABLE TRUST

Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce.

(Affiliated to University of Mumbai)

Sector -04, Airoli, Navi Mumbai-400708

DESCRIPTIVE REPORT ON YOGA

Resource Consultant – Patanjali Yog Peeth
Stream – SY

Number of Students - 207

Date :- 20TH June to 22nd June 2019

Session I - 4 to 5 pm Session II - 5 to 6 pm

Introduction:

Patanjali Yog Peeth, a renowned organization dedicated to promoting yoga and Ayurveda, conducted a yoga activity in our college. This report aims to provide an overview of the event, including its objectives, collaboration details, activities conducted, and the impact it had on the college community.

Objectives:

1. Promote Yoga Awareness: Raise awareness about the significance of yoga for physical, mental, and spiritual well-being among the college community.
2. Introduce Patanjali Yog Peeth: Familiarize participants with Patanjali Yog Peeth's principles and approach towards yoga and natural healing methods.
3. Encourage Regular Practice: Motivate participants to incorporate yoga into their daily routines for a healthier lifestyle.
4. Provide Stress Relief: Offer stress-relief techniques through yoga and meditation practices.

Activities Conducted:

1. Yoga Asanas: Expert instructors guided participants through a variety of yoga asanas (postures) suitable for all levels, including standing, sitting, and lying poses.
2. Pranayama: Breathing exercises (pranayama) were taught to enhance participants' control over their breath and to improve mental focus.
3. Meditation: Guided meditation sessions were conducted to promote mindfulness and inner peace.
4. Ayurvedic Workshop: Patanjali Yog Peeth experts conducted an informative workshop on Ayurveda, explaining its principles and benefits for overall well-being.

Impact and Feedback:

1. Positive Participation: The yoga activity received an overwhelming response from college students, faculty, and staff members, with active participation each day.
2. Stress Reduction: Participants reported a notable reduction in stress levels and an improved sense of well-being after the sessions.
3. Mindfulness: Several attendees expressed how the meditation and mindfulness exercises helped them stay focused and calm during their daily activities.
4. Interest in Yoga: Many participants expressed a newfound interest in yoga and a desire to continue practicing it beyond the event.

Conclusion:

The Yoga for Holistic Wellness activity conducted by Patanjali Yog Peeth in our college was a resounding success. It achieved its objectives of promoting yoga awareness, introducing Patanjali Yog Peeth's principles, and encouraging participants to embrace yoga as part of their daily lives. The positive impact on stress reduction and mindfulness highlighted the benefits of yoga for the college community's overall well-being.



S. S. Deshmukh
PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector -04, Airoli, Navi Mumbai 400 708

MCT MANJARA CHARITABLE TRUST

Smt. Sushiladevi Deshmukh College of Arts, Science & Commerce.

(Affiliated to University of Mumbai)

Sector -04, Airoli, Navi Mumbai-400708

DESCRIPTIVE REPORT ON PUBLIC SPEAKING

Resource Person – Mr. Sanjay Gupta

Stream – FY

Number of Students - 175

Date :- 16th Jan to 18th Jan 2020

Session I 3 to 4 pm Session II 4 to 5 pm

Introduction:

An engaging and skill-building Public Speaking Session was organized at college for first-year college students. The event aimed to enhance the students' public speaking abilities, boost their confidence, and equip them with essential communication skills for various academic and professional settings.

Objective:

The primary objective of the Public Speaking Session was to help first-year college students overcome their fear of public speaking and develop effective communication techniques. The session aimed to provide students with a supportive environment to practice and refine their public speaking skills.

Program Highlights:

1. Introduction to Public Speaking:

- The session began with an introduction to the importance of public speaking and its relevance in academic and professional life.
- Students were made aware of the common challenges faced during public speaking and how to overcome them.

2. Understanding the Basics:

- The facilitator provided insights into the fundamental elements of public speaking, including voice modulation, body language, and eye contact.
- Tips on structuring speeches and presentations were shared to create impactful content.

3. Overcoming Stage Fear:

- An interactive discussion was held to address stage fear and nervousness while speaking in front of an audience.
- Techniques to manage anxiety and build self-confidence were demonstrated.

4. Impromptu Speaking:

- To improve students' spontaneity and quick-thinking abilities, impromptu speaking exercises were conducted.
- Participants were given random topics and asked to deliver short speeches on the spot.

5. Peer Feedback and Evaluation:



- After each student's speech, constructive feedback was provided by both the facilitator and peers.
- The focus was on encouraging positive feedback and highlighting areas of improvement.

Benefits and Impact:

The Public Speaking Session had several positive outcomes, including:

- Increased confidence and reduced stage fear among the first-year college students.
- Enhanced public speaking skills, including voice modulation, body language, and eye contact.
- Improved articulation and presentation abilities, leading to more effective communication.
- Participants reported feeling more prepared and motivated to speak in front of an audience.

Feedback and Conclusion:

Feedback from the first-year college students who participated in the Public Speaking Session was highly positive. Many students expressed their appreciation for the opportunity to develop their public speaking skills in a supportive environment. They found the session engaging, interactive, and immensely beneficial for their personal and professional growth.

In conclusion, the Public Speaking Session conducted at College for first-year college students proved to be a valuable and impactful event. The session successfully empowered students to overcome their fear of public speaking, equipped them with essential communication skills, and instilled the confidence to articulate their ideas effectively.



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DESCRIPTIVE REPORT ON YOGA

Resource Consultant – Patanjali Yog peeth

Stream – SY

Number of Students - 169

Date :- 21st June to 23rd June 2020

Session I 10 to 11 am Session II - 11 to 12 pm

Introduction:

Amid the challenges posed by the pandemic, our college organized a virtual yoga activity to support the well-being of college students. This report outlines the objectives, approach, activities, and outcomes of the yoga program, aiming to enhance students' physical and mental health during these unprecedented times.

Objectives:

1. Promote Well-being: To prioritize the mental and physical well-being of college students by offering a constructive activity during the pandemic.
2. Stress Relief: To provide stress-relief techniques and coping mechanisms to help students manage pandemic-related anxieties.
3. Connection and Community: To foster a sense of connection and community among students, even in a remote learning environment.
4. Promote Healthy Habits: To encourage students to adopt healthy practices, including regular exercise, mindfulness, and self-care.

Virtual Approach:

Given the restrictions of the pandemic, the yoga activity was conducted virtually to ensure the safety and accessibility of all participants. Sessions were held on a secure online platform that allowed students to join from the comfort of their homes.

Activities Conducted:

1. Virtual Yoga Classes: Certified yoga instructors led live virtual sessions, offering a mix of yoga asanas, pranayama (breathing exercises), and meditation practices suitable for all levels.
2. Mindfulness Workshops: Apart from the yoga classes, mindfulness workshops were conducted to help students develop a sense of calm and focus amidst uncertainty.
3. Wellness Challenges: Weekly wellness challenges were introduced to motivate students to practice yoga and mindfulness outside of the sessions, promoting consistency in their routines.

Outcomes and Impact:

1. Increased Participation: The virtual format enabled broader participation, with students from different academic years and programs joining the yoga activity.
2. Positive Feedback: Participants expressed appreciation for the initiative, emphasizing the positive impact of yoga on their mental and physical well-being during the pandemic.
3. Stress Reduction: Many students reported reduced stress levels and enhanced resilience in coping with pandemic-related challenges.
4. Community Building: The virtual yoga activity facilitated a sense of community and camaraderie among students, fostering support and interaction during social distancing measures.

Conclusion:

The yoga activity conducted during the pandemic successfully addressed the well-being needs of college students. The virtual format allowed for wider participation and ensured the continuation of the program amidst restrictions. The positive outcomes of stress reduction, community building, and a sense of connection reinforced the importance of such activities during challenging times.



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DESCRIPTIVE REPORT

ON

PROFESSIONAL EMAILWRITING & GRAMMAR VOCABULARY ABILITIES IN CORPORATE WORLD

Resource Person – Dr. Anjana Rawat

Stream – FY

Number of Students - 168

Date :- 18th March to 20th March 2021

Session I - 3 to 4 pm Session II - 4 to 5 pm

Introduction:

An enlightening and skill-enhancing activity on "Professional Email Writing and Grammar Vocabulary Abilities in the Corporate World" was organized at [Your College Name] for FY (First Year) students. The session was conducted by renowned language expert, Dr. Anjana Rawat. The event aimed to equip students with vital communication skills required in the corporate landscape.

Objective:

The primary objective of the activity was to empower FY students with effective email writing techniques and enhance their grammar and vocabulary abilities. Dr. Anjana Rawat's session was designed to prepare students for seamless communication in the corporate world and lay a strong foundation for their future professional endeavors.

Program Highlights:

1. Introduction to Professional Email Writing:

The session commenced with an insightful introduction to the significance of professional email communication in the corporate arena. Dr. Rawat stressed the importance of concise and clear messaging to achieve effective communication.

2. Grammar and Vocabulary Enrichment:

Dr. Anjana Rawat conducted interactive sessions to address common grammatical errors and enrich students' vocabulary. Students were exposed to advanced language usage to elevate the quality of their written communication.

3. Crafting Effective Emails:

Participants were guided on the intricacies of crafting impactful emails, including proper greetings, subject lines, and closing remarks. Dr. Rawat emphasized maintaining a professional tone while adapting to diverse business scenarios.

4. Real-life Business Scenarios:

To apply their learning practically, students engaged in real-life business scenarios and were required to compose relevant emails. Dr. Rawat provided constructive feedback to enhance their email writing skills.



5. Personalized Guidance and Assessment:

Dr. Anjana Rawat provided one-on-one guidance to each student, offering personalized insights into their strengths and areas for improvement in email writing and language usage.

Benefits and Impact:

The "Professional Email Writing and Grammar Vocabulary Abilities in the Corporate World" activity had several positive outcomes, including:

- Strengthened email writing skills, enabling students to draft effective and professional emails for diverse corporate situations.
- Heightened proficiency in grammar and vocabulary, resulting in more articulate and persuasive communication.
- Enhanced confidence and readiness to tackle real-world business communication challenges.
- Students expressed their gratitude for the valuable expertise and knowledge shared by Dr. Anjana Rawat.

Feedback and Conclusion:

Feedback from the FY students who participated in the activity was overwhelmingly positive. They praised Dr. Anjana Rawat for her engaging teaching style and ability to simplify complex language concepts. Students found the session highly beneficial and expressed their eagerness to apply the newly acquired skills in their academic and professional pursuits.

In conclusion, the "Professional Email Writing and Grammar Vocabulary Abilities in the Corporate World" activity conducted by Dr. Anjana Rawat at [Your College Name] for FY students was an enriching and impactful experience. The session significantly contributed to enhancing the students' communication skills and prepared them to excel in the corporate environment.



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DESCRIPTIVE REPORT ON YOGA

Resource Consultant – Patanjali Yog Peeth

Stream – SY

Number of Students - 158

Date :- 21TH June to 23 June 2021

Session I - 10-11am Session II - 11 to 12pm.

Introduction:

Patanjali Yog Peeth, a renowned organization dedicated to promoting yoga and Ayurveda, conducted a yoga activity in our college. This report aims to provide an overview of the event, including its objectives, collaboration details, activities conducted, and the impact it had on the college community.

Objectives:

1. Promote Yoga Awareness: Raise awareness about the significance of yoga for physical, mental, and spiritual well-being among the college community.
2. Introduce Patanjali Yog Peeth: Familiarize participants with Patanjali Yog Peeth's principles and approach towards yoga and natural healing methods.
3. Encourage Regular Practice: Motivate participants to incorporate yoga into their daily routines for a healthier lifestyle.
4. Provide Stress Relief: Offer stress-relief techniques through yoga and meditation practices.

Activities Conducted:

1. Yoga Asanas: Expert instructors guided participants through a variety of yoga asanas (postures) suitable for all levels, including standing, sitting, and lying poses.
2. Pranayama: Breathing exercises (pranayama) were taught to enhance participants' control over their breath and to improve mental focus.
3. Meditation: Guided meditation sessions were conducted to promote mindfulness and inner peace.
4. Ayurvedic Workshop: Patanjali Yog Peeth experts conducted an informative workshop on Ayurveda, explaining its principles and benefits for overall well-being.

Impact and Feedback:

1. Positive Participation: The yoga activity received an overwhelming response from college students, faculty, and staff members, with active participation each day.
2. Stress Reduction: Participants reported a notable reduction in stress levels and an improved sense of well-being after the sessions.
3. Mindfulness: Several attendees expressed how the meditation and mindfulness exercises helped them stay focused and calm during their daily activities.
4. Interest in Yoga: Many participants expressed a newfound interest in yoga and a desire to continue practicing it beyond the event.

Conclusion:

The Yoga for Holistic Wellness activity conducted by Patanjali Yog Peeth in our college was a resounding success. It achieved its objectives of promoting yoga awareness, introducing Patanjali Yog Peeth's principles, and encouraging participants to embrace yoga as part of their daily lives. The positive impact on stress reduction and mindfulness highlighted the benefits of yoga for the college community's overall well-being.



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DESCRIPTIVE REPORT ON JOB READINESS

Resource Person – Dr. Unnikrishnan Nambiar

Stream – Ty

Number of Students - 165

Date :- 20TH Jan to 22ND Jan 2022

Session I 3 to 4 pm

Session II 4 to 5 pm

Introduction:

A comprehensive Job Readiness Session was organized at College for the TY (Third Year) students. The session was conducted by esteemed expert, Dr. U.K. Nambiar. The event aimed to prepare the students for the transition from academics to the professional world by imparting essential job readiness skills.

Objective:

The primary objective of the Job Readiness Session was to equip TY students with the necessary skills and knowledge to enter the job market confidently. The session aimed to provide practical guidance on resume building, interview preparation, and professional etiquette, enabling students to present themselves effectively to potential employers.

Program Highlights:

1. Understanding Job Market Trends:

- Dr. U.K. Nambiar provided insights into the current job market trends, including industry demands and popular job profiles.
- Students gained an understanding of the skills and qualifications employers are seeking in potential candidates.

2. Crafting an Effective Resume:

- The session focused on the importance of a well-structured resume and how it serves as a first impression to employers.
- Dr. Nambiar guided the students on resume writing techniques, highlighting their academic achievements and extracurricular activities.

3. Interview Preparation:

- Practical tips and strategies for preparing for job interviews were shared with the participants.
- Mock interview sessions were conducted to help students practice answering common interview questions with confidence.

4. Professional Etiquette:

- Students learned about professional etiquette, including appropriate dress code, communication skills, and workplace behavior.
- The importance of networking and building professional connections was emphasized.



5. Personal Branding and Online Presence:

- Dr. Nambiar discussed the significance of personal branding and maintaining a positive online presence.

- Students were educated on leveraging social media platforms for career growth.

Benefits and Impact:

The Job Readiness Session conducted by Dr. U.K. Nambiar had several positive outcomes, including:

- Increased confidence among TY students in approaching the job market and interviews.
- Improved resume writing skills, with students crafting more impactful and tailored resumes.
- Enhanced interview performance and communication skills.
- Students gained a deeper understanding of professional etiquette and the importance of personal branding.

Feedback and Conclusion:

Feedback from the TY students who participated in the Job Readiness Session was overwhelmingly positive. Many students expressed their gratitude to Dr. U.K. Nambiar for the valuable guidance and insights provided during the session. They felt more prepared and confident about navigating the job market and making a strong impression on potential employers.

In conclusion, the Job Readiness Session conducted by Dr. U.K. Nambiar at College for TY students proved to be an invaluable and impactful event. The session not only equipped students with essential job readiness skills but also instilled a sense of readiness and motivation to embark on their professional journeys.



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DESCRIPTIVE REPORT ON COPING WITH EMOTIONS

Resource Person – Dr. Savita Sable

Stream – FY

Number of Students - 165

Date :- 10th March to 12th March 2022

Session I 4 to 5 pm session II 5 to 6 pm

Introduction:

A highly beneficial coping with emotions session was organized by our college for first-year (FY) students on the college campus. The session was conducted by renowned psychologist, Dr. Savita Sable. The event aimed to help students understand and manage their emotions effectively, promoting emotional well-being and resilience.

Objective:

The primary objective of the coping with emotions session was to provide FY college students with insights into emotional intelligence and equip them with practical strategies to cope with various emotions in a healthy manner. The session aimed to foster emotional awareness and enhance students' emotional management skills.

Program Highlights:

1. Understanding Emotions: The session began with an informative presentation by Dr. Savita Sable, providing a clear understanding of emotions, their significance, and the impact they can have on mental health.
2. Emotional Intelligence: The importance of emotional intelligence in personal and academic life was discussed. Dr. Sable explained how being emotionally intelligent can lead to better decision-making, improved interpersonal relationships, and reduced stress levels.
3. Identifying and Expressing Emotions: The facilitator encouraged students to identify and acknowledge their emotions without judgment. Techniques for expressing emotions constructively were explored to avoid emotional suppression or outbursts.
4. Coping Strategies: Various coping strategies were shared to help students deal with different emotional challenges, such as stress, anxiety, and anger. The session emphasized the importance of seeking support from friends, family, or counselors when needed.
5. Mindfulness Exercises: Dr. Sable led the students through mindfulness exercises, including deep breathing and grounding techniques, to promote self-awareness and emotional regulation.
6. Interactive Activities: The session included interactive activities and role-playing scenarios to apply the coping strategies discussed. This encouraged students to actively participate and gain practical experience.

Benefits and Impact:



The coping with emotions session conducted by Dr. Savita Sable had several positive outcomes, including:

- Increased awareness and understanding of emotions and their impact on mental well-being.
- Enhanced emotional intelligence among the students, leading to improved self-awareness and empathy.
- Acquired coping skills to handle various emotional challenges effectively.
- Creation of a safe space for students to discuss their emotions and seek support if needed.

Feedback and Conclusion:

Feedback from the FY college students was overwhelmingly positive. Many students expressed gratitude for the insightful session and found the coping strategies helpful in their daily lives. The session was successful in equipping students with tools to navigate their emotions with greater confidence and resilience.

In conclusion, the coping with emotions session conducted by Dr. Savita Sable at our college campus proved to be a valuable experience for FY students. The event not only provided knowledge about emotional well-being but also encouraged students to prioritize their mental health and practice healthy coping mechanisms.



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DESCRIPTIVE REPORT ON YOGA

Resource Consultant – Patanjali Yog Peeth

Stream – SY

Number of Students - 166

Date :- 20TH June to 22th June 2022

Session I - 4 to 5 pm Session II 5 to 6 pm

Introduction:

Patanjali Yog Peeth, a renowned organization dedicated to promoting yoga and Ayurveda, conducted a yoga activity in our college. This report aims to provide an overview of the event, including its objectives, collaboration details, activities conducted, and the impact it had on the college community.

Objectives:

1. Promote Yoga Awareness: Raise awareness about the significance of yoga for physical, mental, and spiritual well-being among the college community.
2. Introduce Patanjali Yog Peeth: Familiarize participants with Patanjali Yog Peeth's principles and approach towards yoga and natural healing methods.
3. Encourage Regular Practice: Motivate participants to incorporate yoga into their daily routines for a healthier lifestyle.
4. Provide Stress Relief: Offer stress-relief techniques through yoga and meditation practices.

Activities Conducted:

1. Yoga Asanas: Expert instructors guided participants through a variety of yoga asanas (postures) suitable for all levels, including standing, sitting, and lying poses.
2. Pranayama: Breathing exercises (pranayama) were taught to enhance participants' control over their breath and to improve mental focus.
3. Meditation: Guided meditation sessions were conducted to promote mindfulness and inner peace.
4. Ayurvedic Workshop: Patanjali Yog Peeth experts conducted an informative workshop on Ayurveda, explaining its principles and benefits for overall well-being.

Impact and Feedback:

1. Positive Participation: The yoga activity received an overwhelming response from college students, faculty, and staff members, with active participation each day.
2. Stress Reduction: Participants reported a notable reduction in stress levels and an improved sense of well-being after the sessions.
3. Mindfulness: Several attendees expressed how the meditation and mindfulness exercises helped them stay focused and calm during their daily activities.
4. Interest in Yoga: Many participants expressed a newfound interest in yoga and a desire to continue practicing it beyond the event.

Conclusion:

The Yoga for Holistic Wellness activity conducted by Patanjali Yog Peeth in our college was a resounding success. It achieved its objectives of promoting yoga awareness, introducing Patanjali Yog Peeth's principles, and encouraging participants to embrace yoga as part of their daily lives. The positive impact on stress reduction and mindfulness highlighted the benefits of yoga for the college community's overall well-being.



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DESCRIPTIVE REPORT ON STRESS MANAGEMENT AND MEDITATION

Resource Consultant – The Life Eternal Trust

Stream – FY

Number of Students - 127

Date :- 25TH Aug to 27th Aug 2022

Session I 3 to 4pm Session-II 4 to 5pm

Introduction:

The Sahajayoga Meditation Center organized a stress management and meditation activity with the objective of helping participants cope with stress and lead a more balanced and peaceful life. The event aimed to introduce individuals to effective stress management techniques and the benefits of meditation in reducing mental and emotional strain.

Objective:

The primary objective of the stress management and meditation activity was to provide participants with practical tools and insights to handle stress effectively. The Sahajayoga Meditation Center sought to create awareness about the importance of managing stress and nurturing inner well-being through meditation.

Program Highlights:

1. Understanding Stress: The activity commenced with an informative session on stress, its causes, and its impact on physical and mental health. Participants gained insights into recognizing the signs of stress and its effects on daily life.
2. Stress Management Techniques: The facilitators from Sahajayoga conducted interactive sessions, sharing various stress management techniques. These techniques included time management, setting boundaries, adopting relaxation exercises, and fostering a positive mindset.
3. Introduction to Meditation: Participants were introduced to the practice of meditation and its role in calming the mind and achieving inner peace. The facilitators explained the science behind meditation and its proven benefits in reducing stress and anxiety.
4. Guided Meditation: A guided meditation session was conducted, allowing participants to experience the benefits of meditation firsthand. The session focused on mindfulness and centered breathing to achieve mental clarity and tranquility.
5. Question and Answer Session: The facilitators engaged with the participants, addressing their queries related to stress management and meditation. Personal experiences and success stories were shared to inspire the attendees further.

Benefits and Impact:

The stress management and meditation activity organized by Sahajyoga Foundation had several positive outcomes, including:



- Increased awareness about the impact of stress on overall health and well-being.
- Empowerment with practical stress management techniques that can be applied in daily life.
- Enhanced understanding of the importance of meditation in promoting mental and emotional balance.
- Participants reported feeling more relaxed, focused, and rejuvenated after the meditation session.

Feedback and Conclusion:

The feedback received from the participants was highly encouraging. Many expressed gratitude for the valuable insights and tools provided during the stress management and meditation activity. Attendees noted a significant reduction in their stress levels and an increased sense of clarity and calmness.

In conclusion, the stress management and meditation activity conducted by Sahajyoga center proved to be a meaningful and beneficial experience for the participants. The event successfully fulfilled its objective of promoting stress management and fostering a positive outlook through the practice of meditation. Participants were encouraged to continue incorporating these techniques into their daily lives for sustained well-being.



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DESCRIPTIVE REPORT ON CYBER SECURITY

Resource person – Mr. Ashish Chavan

Stream – FY

Number of Students - 227

Date :- 9th Jan to 11th Jan 2023

Session I - 3 to 4 pm

Session II - 4 - 5 pm

Introduction:

An enlightening and informative Cyber Security Session was organized at our College for the First Year students. The session was conducted by Mr. Ashish, an esteemed expert in the field of cyber security. The event aimed to raise awareness about cyber threats and equip students with essential knowledge to protect themselves online.

Objective:

The primary objective of the Cyber Security Session was to educate First Year students about the importance of cyber security in today's digital age. The session aimed to make students aware of potential risks and provide them with practical tips to safeguard their digital presence.

Program Highlights:

1. Understanding Cyber Threats:

The session commenced with an in-depth discussion on various cyber threats, including phishing, malware, data breaches, and social engineering. Mr. Ashish emphasized the need for vigilance while using digital platforms.

2. Securing Personal Information:

Students were educated on the significance of protecting their personal information online. Mr. Ashish provided guidance on creating strong passwords and avoiding oversharing on social media.

3. Safe Online Practices:

The facilitator shared best practices for safe online browsing, downloading files, and using public Wi-Fi. Students were encouraged to be cautious and verify the authenticity of websites and links.

4. Cyber Security Measures:

Various cyber security measures, such as using antivirus software, enabling two-factor authentication, and keeping software updated, were discussed to fortify digital defenses.

5. Reporting Cyber Incidents:

Mr. Ashish guided students on reporting cyber incidents and seeking help from appropriate authorities in case of cyber threats or attacks.

6. Q&A and Interaction:

The session included an interactive Q&A segment where students clarified their doubts and sought further insights from Mr. Ashish.

Benefits and Impact:



The Cyber Security Session conducted by Mr. Ashish had several positive outcomes, including:

- Increased awareness about cyber threats and the importance of cyber security.
- Empowerment with practical tips to protect personal information and maintain online privacy.
- Students expressed confidence in adopting safe online practices to safeguard themselves from cyber risks.
- Participants reported feeling more responsible and accountable for their digital activities.

Feedback and Conclusion:

Feedback from First Year students who participated in the Cyber Security Session was overwhelmingly positive. Students appreciated Mr. Ashish's engaging presentation style and found the session highly valuable. They expressed gratitude for the timely knowledge that will help them navigate the digital world more securely.

In conclusion, the Cyber Security Session conducted by Mr. Ashish at [Your College Name] for First Year students was an enlightening and impactful event. The session successfully instilled a sense of responsibility and awareness among the students regarding cyber security, making them more informed and vigilant digital citizens.

We extend our heartfelt appreciation to Mr. Ashish for sharing his expertise and contributing to the students' cyber safety education.



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	EVENT: YOGA
	STREAM: sy
	DATE: 21-06-2018 to 23-06-2018
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2	AJMIRE MOHNISH DINESH
3	ALANGE SNEHA DILIP
4	ANASRI RAFIK MOMAHAD KHALIL
5	ARYA ANIKET DHARAMPAL
6	AWATE PRASAD MANGALDAS
7	BAGHEL SONY ASHOK
8	BAGVE DAKSHATA ASHOK
9	BANGAR SHRUTI SHIVAJI
10	BARGE TUSHAR SANJAY
11	BARMAN YOGESH SHRIRAM
12	BEHERA HEMANT NITYANAND
13	BHARTI VISWAJEET SHIVPRATISH
14	BHINGARE ANIKET DADASAHEB
15	BHOITE HRISHIKESH KRISHNAT
16	BHONG SHEETAL BABURAV
17	BHONKAR BHUMIKA RAMCHANDRA
18	BHOSALE ATUL RAMCHANDRA
19	BHOSALE OMKAR SANJAY
20	BHOSALE SAGAR RAJENDRA
21	BIRADE ANIKET BHARAT
22	CHANDE PRAFUL SUDHAKAR
23	CHAUHAN JINULAL ASHOK
24	CHAURASIYA MANISHA GAYAPRASAD
25	CHAVAN AJAY KISHAN
26	CHAVAN RAKHI RAVINDRA
27	CHAVAN SAKSHI RAJENDRA
28	CHAVAN TIRUPATI SHANKAR
29	CHETTIYAR MELWIN TANGAMANI
30	CHIKHALE PALLAVI DATTATRAYA
31	CHORAT POONAM VISHWANATH
32	CHOUGULE PRIYANKA SHIVAJI
33	DABHADE RUPALI GOVINDA
34	DABHADE SACHIN GOVINDA
35	DARGADE PRAJAKTA BABASAHEB
36	DARVESH SHIVANI ASHOK
37	DAUNDKAR SIDDESH JAGANNATH
38	DCOSTA JOYAL STANY
39	DESAI SANKET SANJAY
40	DESHMUKH ANKITA ABHIMANYU
41	DESHMUKH PRATIK DATTATRAY
42	DHOBI AJIT RATAN
43	DHOBI DIPALI RATAN
44	DHODIYA KUNAL SURESH
45	DHURIYA RAKESH RAMBHAVAN
46	DIKALE SUDARSHAN SHANKAR
47	DOIPHODE ARTI BABASAHEB
48	DORUGADE PURVA VASANT
49	DUBEY AMIT PREMCHAND
50	DUBEY SANGEETA ARVIND
51	GAIKWAD AKSHAY GAIKWAD
52	GAIKWAD ARATI VITTHAL
53	GAIKWAD ROHIT NANDKUMAR
54	GASTE LAXMI PANDIT
55	GAUD JYOTI SUBHASH
56	GAUTAM SURAJ AMARJEET
57	GAWDE AAKANKSHA ANIL
58	GHADGE ANKITA BHARAT
59	GHADGE VICKY RAM
60	GHADSHI PRIYANKA MAHADEV



61	GHONGE SHANKAR VITTHAL
62	GODSE PRATHAMESH BHAUSAHEB
63	GOUD AARTI NAGESH
64	GOWDA LOKESH SUNIL
65	GUPTA AKASH MOHAN LAL
66	GUPTA AMAN SUBHASH
67	GUPTA ASHISH RAMESHKUMAR
68	GUPTA POOJA PREMSHANKAR
69	GUPTA PRADEEP OMPRAKASH
70	GUPTA SONALI MANOJKUMAR
71	GUPTA SONAM SURESH
72	GUPTA SUNITA TEJBAHADUR
73	GUTTEDAR NASIM MOHAMMADDAULAT
74	HARALE PRAJAKTA ISHWAR
75	INGALE YASHSHRI YOGESH
76	JADHAV ARTI GAHININATH
77	JADHAV CHARUSHILA VILAS
78	JADHAV KAVITA BHIKAJI
79	JADHAV MAYURI RAMESH
80	JADHAV ROSHANI RAMESH
81	JADHAV ROSHINI MADHUKAR
82	JADHAV TEJAL RAMESH
83	JAGDALE ASMITA SHANKAR
84	JAIWAL KAJAL KALPNATH
85	JAIWAL SEJAL SURENDRA
86	JAIWAL VIJETA NIRANJAN
87	JAIWAR RAJU RAJBIHARI
88	JAMBHALE SHUBHANGI BALU
89	JONDHALE GEETA SUKLAL
90	KADAM ANKITA VISHWANATH
91	KADAM GAURI DINESH
92	KALE AKASH SAMBHAJI
93	KALE RAM TANAJI
94	KAMBLE ASHWINI PRITAM
95	KAMBLE GANESH MAHADEV
96	KAMBLE KOMAL VISHVANATH
97	KAMBLE NIKHIL SAMBHAJI
98	KAMBLE PRASAD SHASHIKANT
99	KAMBLE SWAPNALI WAMAN
100	KANDEKAR UMESH RAJARAM
101	KANOJIYA PREETI DEVPRAKASH
102	KARGUTKAR KALPESH MAHESH
103	KARWANDE ASHWINI KRISHNA
104	KHAN GULEESHA ABDULHAKIM
105	KHAN MAYUR NASIR
106	KHAN NASEEMA KHATOON JAINULABDIN
107	KHAN SHAFIQUREHMAN ABDULREHMAN
108	KOLI KARUNA SUPADU
109	KOLI PRANIL NANDKUMAR
110	KOLI SHUBHRATNA JAGDISH
111	KONAR SHIVSHANKAR VELMANI KONAR
112	KOTHAVLE MANALI GAJENDRA
113	KOTIAN PREETI SADASHIVA
114	KOTKAR KAMINI PANDURANG
115	KUMAWAT AKASH RAGHUVEER
116	LAD AKSHATA NARENDRA
117	LAD ANKITA NARENDRA
118	LAVAND AAKASH PANDIT
119	LINGE SANDESH NARAYAN
120	LOHAR SONI JAGDISHCHANDRA
121	MADHAV SAYLI SITARAM
122	MADHAVI AKANSHA SHASHIKANT
123	MADHAVI ATISH MAHADEV
124	MADHAVI DARSHANA NANDKISHOR
125	MADHAVI MANSI PRAKASH
126	MADHAVI PRATIK ASHOK



127	MAGAR ANIKET LALASO
128	MAHADE DHANASHREE VASANT
129	MAHADIK GAURAV SANJAY
130	MALI PAURNIMA RAM
131	MALI RUCHITA AVADHESH
132	MANDALIK SHRADDHA EKNATH
133	MANE ANJALI PANDIT
134	MANE PRITI CHANDRASHEKHAR
135	MANE SAHIL JAYESH
136	MANE SONALI SANJAY
137	MANKUMARE PRANALI SHAMRAO
138	MANWAR SWAMINI SURESH
139	MATAL TEJAS KRISHNA
140	MAURYA PRAHLAD JAYPRAKASH
141	METANGALE SIDDHI DAGADU
142	MHATRE ASHWINI ARUN
143	MHATRE RUCHITA MILIND
144	MISHRA KIRTI RAVINDRA
145	MISHRA RITIKA SHESHNARAYAN
146	MISHRA SHUBHAM SUSHIL
147	MISHRA SONAMDEVI DINESH
148	MORE RUSHIKESH RAJENDRA
149	MORE SAURABH SUNIL
150	MORE YUGANT SANDEEP
151	MUJAWAR SAJIT DASTAGIR
152	NADGAM ASHISH ARJUN
153	NALAWADE SUKANYA MADHUKAR
154	NALEGAWA JYOTI VANKETRAW
155	NIKAM MRUNALI SANTOSH
156	NISHAD VIKAS TILAKDHARI
157	PADVAL PRADNYA SANTOSH
158	PAKHARE SNEHA VASANT
159	PAL BHAVESH TILCHAND
160	PAL SUSHMA ANILKUMAR
161	PANDA BABY DEBNARAYAN
162	PANDEY DEEPA PRABHUNATH
163	PANIKAR ARYA PRAKASH
164	PATEL AJAY AYODHYAPRASAD
165	PATEL LALIT NAVARAM
166	PATHARIYA AKASH RAMESH
167	PATIL AISHWARYA ASHOK
168	PATIL CHETAN RANGRAO
169	PATIL CHIRAG SANJAY
170	PATIL DAMINI PRALHAD
171	PATIL NIKHIL SANTOSH
172	PATIL NILIMA KAILAS
173	PATIL ROHIT BALASAHEB VAMANRAO P
174	PATIL SAYAM MILIND
175	PATIL SHRUSHTI MILIND
176	PATIL VISHAKHA VIJAY
177	PAWAR ADITI CHANDRAKANT
178	PAWAR MADHAVI CHANDRAKANT
179	PAWAR MANALI TUKARAM
180	PAWAR MAYURI RAJARAM
181	PAWAR NITESH KISAN
182	PAWAR PRIYANKA KALIDAS
183	PAWAR SHARAD ABAJI
184	PAWAR VIKAS SIDDHARTH
185	PILANE AKSHAY MOHAN
186	PINGALE SAYALI LAXMAN
187	POOJARI PRATHIKSHA RAMESH
188	POYREKAR SIDDHANT ANANT
189	PRAJAPATI POONAM RAMPRASAD
190	PRAJAPATI PREMSHEELA RAMGOVIND
191	PRAJAPATI SURYAKANT JAGDISH
192	PRASAD JAIPRAKASH RAMPRATAP



193	RAHATE RUSHIKESH DEEPAK
194	RAJBHAR CHANDA RAJDEV
195	RAJBHAR POOJA MITHUPRASAD
196	RAJPUT PRAVIN RAMKISAN
197	RAMANE TEJAL CHANDRAKANT
198	RASAL YOGESH ANAND ANAND
199	RATHORE MONICA HANUMANSINGH
200	REDDY MAMTA KESHAV
201	SAHANI VARSHA SHIVKUMAR SAHANI
202	SALVE KOMONIKA SANJAY
203	SANAS PRAJAKTA ARUN
204	SANAS VIVEK DATTATRAY
205	SANEH LATA SURINDER KUMAR
206	SAVLE VARSHA GURUNATH
207	SAYYAD SANA ELAHI
208	SAYYAD SUMMAYA SALAR
209	SAYYED HEENA MUJIB
210	SHAIKH ARBAAB MOHAMMED AKHTAR
211	SHAIKH ARIF LIYAKAT
212	SHARMA ADARSH SHARDAPRASAD
213	SHARMA ANJALI HEMRAJ
214	SHARMA GAURAV VIJAY
215	SHEDGE PRIYA JAYSING
216	SHETTY DAYASHREE ANAND
217	SHEVADE SANTOSH SAKHARAM
218	SHIKHARE DEEPAK PRALHAD
219	SHINDE NEHA DAGDU
220	SHINDE PRAMOD GULAB
221	SHINDE PRANALI SURYAKANT
222	SHINDE PRATIKSHA DATTA
223	SHINDE SHITAL BHIMRAO
224	SHINDE SHWETA VILAS
225	SHIPPURE NIKHIL NILKANTH



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EVENT: Interview preparation and group discussion

STREAM: TY

DATE: 10/01/2019-12/01/2019

SR.NO.

NAME OF THE PARTICIPANTS

- 1 Adsule Pallavi Baliram Sagarbai
- 2 Agrawal Pooja Sunil Geeta
- 3 Apte Pratik Prakash Pooja
- 4 Argade Dhanashree Gorakhnath Devika
- 5 Bamane Sushant Suresh Shakuntala
- 6 Barpate Abhilasha Namdeo Vandana
- 7 Belose Ketan Ankush Anita
- 8 Bhagawale Tejaswini Dnyaneshwar Sunita
- 9 Bhardwaj Kishan Jagdish Saroj
- 10 Bhoir Mayur Deepak
- 11 Bhosale Disha Sanjay Savita
- 12 Bhosale Kuldeep Sanjay Suvarna
- 13 Bhosale Shrutika Santosh Sneha
- 14 Bhure Sushma Laxman Bharatbai
- 15 Bhuwad Manali Anant Ankita
- 16 Borkar Sandesh Balu Leela
- 17 Borkar Supriya Balu Leela
- 18 Borude Ujwala Balasaheb Sangeeta
- 19 Chaudhary Piyush Pradeep Shweta
- 20 Chauhan Reshma Ramsevak Meena
- 21 Chauhan Sarita Tribhuvan Urmila
- 22 Chauhan Sundari Aniruddh Lalita
- 23 Chaurasiya Pooja Rambahadur Anita
- 24 Chaure Siddhesh Jagdish Shalini
- 25 Chavan Swapnali Dattatray Suvarna
- 26 Chavan Swapnil Rajesh Sneha
- 27 Chavan Virendra Vijay Sukanya
- 28 Chougule Nishant Namdev Surekha
- 29 Dakua Sonu Ramesh Suprabha
- 30 Dalvi Mayur Raju Sharda
- 31 Dalvi Nilakshi Bhaskar Lalita
- 32 Dangade Twinkle Sanjay Rama
- 33 Dangat Hitesh Sudhir Pramila
- 34 Deshmukh Rituraj Bharat Suvarna
- 35 Detane Akash Rajesh Rani
- 36 Devkate Gaurav Santosh Yogini
- 37 Dhanawade Ketan Chandrakant Rajeshree
- 38 Dhangar Gangu Malesh Lalita
- 39 Dharmale Varsha Chandrakant Jagdevi
- 40 Dhavale Aparna Dadaso Kalpana
- 41 Dhoble Rohini Shashikant Meena
- 42 Dhoke Sneha Sahebrao Nalini
- 43 Dubey Priyadevi Yogeshkumar Ravitadevi
- 44 Dubey Samiksha Lalji Nirmala
- 45 Eipe Justin Daniel Jolly
- 46 Gaikwad Jyoti Datta Usha
- 47 Gaikwad Laxmi Sangappa Gangabai
- 48 Gaikwad pranali Anand Lata
- 49 Gajane Swapnil Avinash Geeta
- 50 Gate Vaibhav Raghunath Mangal
- 51 Gawande Deepesh Shivram
- 52 Ghadge Amit Sanjay Usha



53	Ghare Akash Anant Sangita
54	Gholap Shankar Dilip pushpa
55	Ghule Dattatray Sopan Parvati
56	Godse Kajol Arun Pushpa
57	Gogawale Sachin Machindra Anjana
58	Gole Dhanashri Dharma Nanda
59	Gore Omkar Maruti Maya
60	Gudhekar Revati Dinesh Sunanda
61	Gupta Kajal Ashok Durga
62	Gupta Neha Vijay Usha
63	Gupta Shivani Ajaykumar Sushiladevi
64	Hake Manisha Kisan Renuka
65	Harpale Rani sambhaji vandana
66	Hole Preeti Sopan Vaishali
67	Howal Vaibhavi Sunil Sheela
68	Ibushe Amera Asif Zunaida
69	Ibushe Julekha Arif Fatima
70	Jadhav Onkar Laxman Hemlata
71	Jadhav Pooja Ghaininath Sukshabal
72	Jadhav Rupali Vitthal Sunita
73	Jadhav Shraddha Shivaji Asha
74	Jagtap Omkar Pravin Priya
75	Jagtap Roshan Krishna Chhaya
76	Jaigade Rani Laxman Anita
77	Jain Ashika Rajesh Anjali
78	Jaiswar Reena Rajendra Shanti
79	Jaiswar Vijayprakash Rajaram Manbhavati
80	Jankar Pooja Suresh Mangal
81	Joshi Sonali Ravindra Rohini
82	Kadam Alpesh Laxman
83	Kadam Omesh Vishwanath Shivkanta
84	Kadam Pragati Sudhakar Sneha
85	Kadara Niteen Suresh Radha
86	Kajrolkar Nikita Vijay Vidhya
87	Kalamkar Dikshita Dilip Dipali
88	Kalbhor Jeevan Sandip Sunita
89	Kale Archana Dashrath Sagarbai
90	Kamat Prakash Jagdish Niladevi
91	Kamble Abhishek Ashok Sunita
92	Kamble Ashutosh Sanjay Sushma
93	Kamble Deepika Dhanaji Chhaya
94	Kamble Dnyaneshwar Mahadev Laxmi
95	Kaneri Mahesh Arjun Archana
96	Kaneri Pradnya Ankush Anjali
97	Katkar Divya Rajendra Seema
98	katkar Komal Krishna Aruna
99	Katkar Mohini Bajrang Vaishali
100	Keny Sayli Sushil Yogita
101	Kesarwani Mohinidevi Badelal Rita
102	Khan Gufrana Abdul Hasan Umatunisha
103	Khan Sadiya Abdul Jabbar Raziya
104	Khande Komal Narayan Pratibha
105	Kharpude Pooja Govind Anita
106	Kharude Vaishnav Krishna Rukmini
107	Khode Archana Kalu Vimal
108	Kole Priyanka Dattu Meenatai
109	Konar Sudhakar Thangarajan Parvati
110	Kondekar Madhuri Kundlik Sanjana



111	Kotkar Vikrant Shashikant Kasturi
112	Kumbhar Ashwini Gajanan Anita
113	Madale Akash Harishchandra Jaya
114	Madane Sonam Dadasaheb Meena
115	Madave Pallavi Rupesh Rupali
116	Madhavi Tejal Manohar Nirmala
117	Mahalinge Mamta Uttam Sangita
118	Maharugade Snehanika Shivaji nitasha
119	Mali Tejaswini Rajendra Sashikala
120	Malla Chitrakala Shivraj Bindu
121	Mallah Bipin Binduprasad Rekhadevi
122	Mandhare Akshay Madhukar Kalpana
123	Manthale Akash Shivputra Mahadevi
124	Marathe Sonam Suresh Sangeeta
125	Mevati Sushmita Rajendra Kanta
126	Mhaske Aarti Kalyan Mangal
127	Miruke Devesh Shivaji Rajeshree
128	Mishra Jaya Salilkumar Sudevi
129	Mishra Kavita Kishan Sunita
130	Mohite Akshaya Deepak Dipika
131	Mohite Pranay Gangadhar Sunanda
132	More Archana Sudhakar Chanda
133	More Darshana Dasharath Sangita
134	More Omkar Sarjerao Nanda
135	More Pooja Atmaram Anita
136	More Shweta Shivaji Sharmila
137	More Trupti Sanjay Chhaya
138	Mourya Aynish Suryanath Sheela
139	Mourya Jyoti Phoolchand Sharda
140	Mudholkar Shilpa Madhav Shashikala
141	Mugale Ravi Mahadev Nagamma
142	Mujawar Shahrukh Shoukat Mumtaj
143	Mundhe Shweta Ashok Maya
144	Naik Divya Bhojraj Padma
145	Nair Anisha Babu Latha
146	Namdas Uday Chandrakant
147	Nanki Priyanka Ranganna Shanti
148	Narankar Rashmita Suresh Asha
149	Nishad Dinesh Maulan Reeta
150	Nishad Shivanandini Omhari Sitadevi
151	Nitturkar Sandhya Gangaram sudha
152	Padvi Akshay Shamsing Sharda
153	Palod Lazaree Ghanshyam Rukmini
154	Palyekar Swapnali Dilip Shyamali
155	Pandiyal Pravin Kumar Shantilal Shanti
156	Parab Kalpana Namdeo Janita
157	Parab Prathamesh Satish Harsha
158	Parandwal Rani Bhima Asha
159	Pariyar Sunil Tara Manisha
160	Parle Rupesh Ananda Sunanda
161	Parte Siddharth Vishnu Vidya
162	Patade Snehal Babaji Sadhana
163	Patel Priya Bhavan Jamana
164	Pathak Anuj Kumar Rajesh Poonam
165	Pathan Saklenkhan Sikandarkhan Ulfat
166	Patil Aniket Vivek Usha
167	Patil Dhanashree Eknath Manda
168	Patil Kanchan Sanjay Ranjana



169	Patil Kirti Mahendra Bharti
170	Patil Priyanka Dhanraj Sheetal
171	Patil Raj Mahadev Vidya
172	Patil Ritu Gokuldas Prema
173	Patil Roshani Sanjay Suvarna
174	Patil Samiksha Premnath Geeta
175	Patil Samiksha Suvid Geeta
176	Patil Sanket Eknath Sangeeta
177	Patil Tanmay Mahadev Ujawala
178	Patil Vidyarani Sarjerao Usha
179	Pawar Abhishek Arun Sunita
180	Pawar Gauri Hari Swati
181	Pawar Krushali Chandrakant Lalita
182	Pawar Pragati Shivaji Shina
183	Pawar Rahul Rajkumar Suvarna
184	Payer Nisha Rajesh Sangita
185	Pisal Dipika Lalasaheb Neeta



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College : Smt. Sushiladevi Deshmukh College of Arts, Science and Commerce, Sector 4, Airoli, Navi Mumbai
YEAR-2019-20

EVENT: Yoga

STREAM: SY

DATE:20/06/2019-22/06/2019

SR.NO.	NAME OF THE PARTICIPANTS
1	AADE KUNAL PRASHANT
2	ADAK PRASHALI PRAKASH
3	ADE POOJA PADURANG
4	ANSARI YASMIN MEHMOOD
5	AREKAR KIRAN PANDURANG
6	ASAI NEHA SANTOSH
7	AUTADE PRASAD DHANAJI
8	AWARI SARIKA BABAN
9	BAGUL SIDDHARTH VIJAY
10	BAIKAR AKSHAY DHULANDAR
11	BAILE GIRISH SHANKAR
12	BANDAL PRIYANKA SHRIPAT
13	BHADAVAKAR ATUL DATTARAM
14	BHAGAWALE RUPALI DNYANESHWAR
15	BHAISARE PRATIKSHA SUBHASH
16	BHALERAO SHUBHAM GANESH
17	BHANAGE AKANKSHA ARVIND
18	BHARADWAJ RATAN SURESH
19	BHATANE DASHARATH GORAKHANATH
20	BHAVE MANALI ANANT
21	BHAYADE SHRUTIKA NANDKISHOR
22	BHENDE VAISHNAVI VINOD
23	BHOLE CHETAN SUBHASH
24	BHOSALE POONAM VITTHAL
25	BHOSALE VINITA VINOD
26	BORADE RUTIK KAKASAHEB
27	CHALKE SAYLI SUNIL
28	CHAUDHARI MANUSHRI MACHHINDRA
29	CHAUHAN ANKITA DHANBIR SINGH
30	CHAUHAN MANJEET SUBHASH
31	CHAURASIYA DEEPAK LAL BAHADUR
32	CHAVAN KAJAL RAMESH
33	CHAVAN USHA VITTHAL
34	CHIKANE AKASH AJIT
35	CHOUGULE SUSHANT NAMDEV
36	DAS MEGHALI SATYANARAYANDAS
37	DAS VIRAKSHI NAMDEV
38	DEDE TEJASHREE MUKESH
39	DESAI SAHIL JAGANNATH
40	DESAI SANKITA SANJAY
41	DESHMUKH DHANSHREE BHARAT
42	DHAMANASE VINAY SURESH
43	DHUMAL DIGVIJAY TUKARAM
44	DIGHE AKSHAY SOPAN
45	DONGARE LAXMI SADASHIV
46	DONGARE TEJASHREE SANJAY
47	GAIKWAD KOMAL VISHNU
48	GAIKWAD PRIYANKA RAMCHANDRA
49	GAIKWAD RUTIK CHANDRAKANT
50	GAIKWAD SANCHITA SANTOSH
51	GANGAD PRAGATI KARBHARI
52	GAUD ANJU SUBHASH
53	GAUD KAVITA ANILKUMAR
54	GAVTADE TEJAL CHANDRAKANT



55	GHATE SANCHITA GANESH
56	GHODGEKAR RAMCHANDRA SHARAD
57	GHOSALKAR SIDDHI SAGAR
58	GIDDE CHETANA SHEKHAR
59	GIRI RENUKA NARHARI
60	GOND AASHISHKUMAR DEVENDRA
61	GONJI SHWETA ANIL
62	GUJAR RUTIK GANESH
63	GUPTA ANKITA SATISH
64	GUPTA DEEPAK SHUBHASH
65	GUPTA DILIPKUMAR GHANSHYAM
66	GUPTA PRIYA HARISHCHANDRA
67	GUPTA SANGAM RAMNAGINA
68	GUPTA SHAKTIKUMAR SATYAPRAKASH
69	GUPTA SHRADDHA GURUPRASAD
70	GUPTA SHUBHAM PHOOL KUMAR
71	GUPTA SHWETA BALIRAM
72	GUPTA SONI VIJAYSHANKAR
73	GUPTA SUNDAR SURESH
74	GUPTA SURAJ DHARMENDRA
75	GUPTA VABITADEVI SANGRAM
76	HALGE KAMLESH SATISH
77	HIRE MEGHNA ARUN
78	HOSMANI POOJA SUKHADEV
79	HULAGUTTE DIPAK RAM
80	IBUSHE JUBAIR ARIF
81	JADHAV DNYNESHVAR JAGNNATH
82	JADHAV GAYATRI DEEPAK
83	JADHAV OMKAR RAJARAM
84	JADHAV SHWETA BALU
85	JADHAV TEJASWINI PRADIP
86	JADHAV VAIBHAV MARUTI
87	JADHAV VISHRANTI BAJARANG
88	JADYAR PRAMOD PRAKASH
89	JAISWAL SAURABH SURENDRA
90	JAISWAR AJEET VIJAY
91	JAISWAR JOGENDRA CHHOTELAL
92	JAISWAR MAMTA NANHAK
93	JAISWAR PRITI RAMBACHAN
94	JAISWAR PRIYA RAMBACHAN
95	JAISWAR PRIYANKA RAMANAND
96	JAMKHANDI AISHWARYA PRAKASH
97	JHA AVINASH PHOOLKUMAR
98	JOSHI ANIKET MARUTI
99	KADAM SIDDHI SATYAVAN
100	KAGE HIRACHAND AMBADAS
101	KAJALE SHUBHANGI ADHIKRAO
102	KALAL CHETAN RAMESH
103	KALAMKAR SAMITA DINESH
104	KALE PRAFUL LAHU
105	KAMBLE AARTI ANAND
106	KAMBLE SHUBHANGI MUKESH
107	KANAUJIYA PINKY AVDHESH
108	KANGUDE PRACHI DATTATRAY
109	KANOJIYA INDRAJEET SHIVSHANKAR
110	KATKAR CHETAN RAVINDRA
111	KATKE RITU MAHADEV
112	KATTIMANI AKASH RAMESH
113	KAUSHIK SHIVANGI VINOD
114	KAZI ZAHIDHASAN AYYAZ
115	KENGAR MAYURI NANASAHEB



116	KESARWANI SACHIN RAMBABU
117	KHADE MAYUR MOHAN
118	KHAN SAIRAH BANO SHAFIQUE AHMED
119	KHAPRE DIPESH SOMA
120	KHARAT SAKSHI GAJANAN
121	KHARPUDE AMRUTA ASHOK
122	KHARWAR AMITKUMAR RAMKRIT
123	KHODE JYOTSNA KALU
124	KOLI PRACHI SURESH
125	KOLI PRASAD JANARDAN
126	KOLI TANVI ANANT
127	KONAR MNANTHENI MURUGESAN
128	KORATE VIJAY NATHRAO
129	KUDALE CHAITALI DILIP
130	KUMAWAT VIJAY DURGARAM
131	KUTNURE MAHESH DHUNDAPPA
132	LAGAD SHUBHAM SANJAY
133	LENDE PRAVIN SHANTARAM
134	MADHAVI DIKSHA RAMAKANT
135	MADHAVI HARSHAL SURAJ
136	MADHAVI KAJAL PRAKASH
137	MADHAVI KOMAL ANKUSH KAMAL
138	MADHAVI MANSI RAJENDRA
139	MADHAVI NILAM DNYANESHWAR
140	MADHAVI RAJESHWARI RAMNATH
141	MADHAVI SAKSHI SURYAKANT
142	MADHAVI SAMIKSHA MAHADEV
143	MADHAVI SHRADDHA DNYANESHWAR
144	MADHAVI VIDYA PRABHAKAR
145	MAGAR AMRUTA LALASAHEB
146	MAHAJAN DNYANESHWAR JAYWANT
147	MAHALLE GARGI VINAYAK
148	MAHARANA DEEPAK MAHADEV
149	MANE MEGHANA SHRIKANT
150	MANE POOJA RAJARAM
151	MANE PRATIMA MOHAN
152	MANJREKAR PRATIKSHA MANOJ
153	MAROTHIYA VICKY SURESH
154	MAULE NAMRATA CHANDU
155	METE PRATIKSHA ANIL
156	MHATRE BHAVESH RAMA
157	MHATRE SAHIL PANDURANG
158	MHATRE SONALI RAMAKANT
159	MISHRA GOKUL RAMSAGAR
160	MISHRA KAVITA SHAILENDRA
161	MISHRA ONSHIKA OMKAR
162	MISHRA POONAM DINESH
163	MISHRA SHIVAM SHIVKUMAR
164	MOHITE AKSHATA GANGADHAR
165	MOHITE ANIRUDHA GANGARAM
166	MOURYA SUNNY GIRJASHANKAR
167	MUNJILA BALAKRISHNA RAMARAO
168	NANAWARE MAYUR MOHAN
169	NARAYANKAR JAYESH SANJAY
170	NAVLU ONKAR SHRIPAT
171	PADALE PRATHMESH BHANUDAS
172	PAL JUHI TILCHAND
173	PAL KUMARIPOOJA DAYARAM
174	PAL LAXMAN TILCHAND
175	PALVE SAYLEE RAJENDRAKUMAR
176	PANDITHAR ABISHALAXMI KUTTALINGARAJ



177	PANSARE AMIT ARUN
178	PARDHI SWAPNIL KAUSHABHAU
179	PATEL AFTAB RABBISALIM
180	PATEL MO. SUFIYAN SHAHIR
181	PATHAN FARDEEN SIKANDAR
182	PATIL ASMITA KAILAS
183	PATIL CHAITALI ARVIND
184	PATIL CHINMAYI TULSHIRAM
185	PATIL DAKSHATA DINANATH
186	PATIL GAYATRI BHALERAO
187	PATIL JIGNESH DATTATREY
188	PATIL KOMAL HINDURAO
189	PATIL MANTHAN RAJIV
190	PATIL MRUNMAI DINANATH
191	PATIL OMKAR BHARAT
192	PATIL POOJA MAHENDRA
193	PATIL PRANALI SUNIL
194	PATNE ROSHAN DNYANESHWAR
195	PATWAL MANISHA DHARAMSINGH
196	PAWAR GANESH SANJAY
197	PAWAR JAY SANTOSH
198	PAWAR MANDAR ANKUSH
199	PAWAR MAYUR SUDHIR
200	PAWAR YOGESH SHANKAR
201	POSTURE PRAGATI DIPAK
202	PRAJAPATI KIRAN BHAGWANDAS
203	PRAJAPATI MANOJ JAIKISHUN
204	PRAJAPATI PAWAN KHANGARARAM
205	PRAJAPATI VIKESH KUMAR
206	PRASAD KIRAN MANOJ
207	PRASAD SAHIL VIJAY



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MCT

College : Smt. Sushiladevi Deshmukh College of Arts, Science and Commerce, Sector 4, Airoli, Navi Mumbai
YEAR-2019-20

EVENT: Public speaking
STREAM: FY
DATE:16/01/2020-18/01/2020

SR.NO.	NAME OF THE PARTICIPANTS
1	MOMIN MASOOM ASIF
2	ALKUTE SUPRIYA BHAUSAHEB
3	ANERAO SAGAR SURESH
4	ANSARI MEHNAZ BANO TUFAIL AHMAD
5	BANSODE ASHWINI VITTHAL
6	BARGE KIRAN PRATAP
7	BELOSE SHREYAS PRADEEP
8	BELOSHE ATISH GANESH
9	BELOSHE SAKSHI HANUMANT
10	BHARTI RAJKARAN KUBERPRASAD
11	BHOYE KRANTI SHANTARAM
12	BIST PURANSINGH TARA
13	BOCARRO MOSES GRACIOUS
14	BOMBLE SWAPNIL SURESH
15	BORGAVE MAHADEVI DILIP
16	CHAND SARASWATI HARIBAHADUR
17	CHANDE VRUSHALI SUDHAKAR
18	CHAURASIYA SAVITA GAYAPRASAD
19	CHAURASIYA SEEMA RAMBAHADUR
20	CHAVAN RAHUL DATTATRAY
21	CHAVAN RASIKA RAVINDRA
22	CHAVAN SHUBHAM BHAUSAHEB
23	CHAVAN VINIT RAMESH
24	CHOUDHARI RAJESH BHUNDARAM
25	CHOUDHARY DIMPAL GAJARAM
26	CHOUDHARY GAYATRI RAJKUMAR
27	DANGE VISHAL RAJABHAU
28	DAUNDE PANKAJ BALARAM
29	DEORUKHKAR SHUBHAM BABAN
30	DESHMUKH OMKAR SATISH
31	DESHMUKH PALLAVI ANIL
32	DESHMUKH PRITI UDDHAV
33	DEVADIGA RAHUL ANAND
34	DHULAP NIKITA SANJAY
35	DHUMAL SUDHIR VIJAY
36	DINKAR KALPESH KALURAM
37	DIWAKAR SACHIN RAJA
38	GADBADE VAISHNAVI BHIMA
39	GAIKWAD DIVYA DIGAMBAR
40	GANGURDE NISHANT MILIND
41	GASTE SURENDRA PANDIT
42	GAUD SONI BHALCHANDRA
43	GHALKE SANDESH SANJAY
44	GHOARE RUSHIKESH SHEKHAR
45	GOLE PRAVIN LAXMAN
46	GOSAVI DEVESH DILIP
47	GOUD POOJA NAGESH
48	GOVEKAR ADITI NIMBAJI
49	GOWDA RANJITA SHRIDHAR
50	GUPTA AMITKUMAR VIJAYKUMAR
51	GUPTA ANKITA ASHOK
52	GUPTA GAUTAM PRAMODKUMAR



53	GUPTA KOMAL RAMESH
54	GUPTA LAVKUSH ASHOK
55	GUPTA REENA JAWAHARLAL
56	GUPTA VAISHNAVI JITENDRA
57	HATE SIMRAN MAHESH
58	HULE ANIKET SANDIP
59	HUSGE BHUPEN JAGDISH
60	ILLALE NIKHIL RAJU
61	INGALE PRATHAMESH CHANDRAKANT
62	INGLE ROHINI RAM
63	INGOLE TANVI NIVRUTTI
64	JABARE DIVYA KRUSHNA
65	JADHAV ABHIJEET GOPAL
66	JADHAV CHIRAG MUKUND
67	JADHAV MANISH MUNNA
68	JADHAV POOJA JAYWANT
69	JADHAV POOJA TUKARAM
70	JADHAV ROHIT MAHENDRA
71	JADHAV VAISHNAVI VILAS
72	JADYAR HEMANGI VIJAY
73	JAGDALE ANKUSH SHANKAR
74	JAGDALE LOVE SHANKAR
75	JAGTAP DISHANT KAILASH
76	JAISWAL ANJALI LALBAHADUR
77	JAISWAR RAVINA RADHESHYAM
78	JAISWAR RITU PARSHURAM
79	JAVKAR MITESH NAVNATH
80	JHA KHUSHBUKUMARI YOGANAND
81	KADAM ROHIT MOHAN
82	KADAM YASH DINKAR
83	KADIYAL PRIYANKA ANAND
84	KALDHONE ARCHANA RAJENDRA
85	KALE CHIRAG DEEPAK
86	KAMBLE ADITI RAGHUNATH
87	KAMBLE KAVITA GANESH
88	KAMBLE MANSI DHANAJI
89	KAMBLE RUTUJA VILAS
90	KAMBLE SAYALI BABU
91	KAMBLE SONU SHIVARAM
92	KAMBLE UDAY BHIMRAO
93	KAMTI KOMAL SHANKAR
94	KANWAR NEHAL TEJ
95	KASAR SACHIN HEMANT
96	KATAKE SHWETA MAHADEV
97	KATALKAR MANSI RAJESH
98	KAZI ANAM AYYAZ
99	KELSHIKAR SNEHEJ SANJAY
100	KENI KIRTI CHANDRASHEKHAR
101	KENJALE SHRADDHA DEEPAK
102	KEWAT ROSHANI RAMRAJ
103	KHAIRE MAYURI ASHOK
104	KHARATMOL SHRUTI GANESH
105	KHOSE PRAJAKTA POPAT
106	KHOT PALLAVI MADHAVRAO
107	KHOT SHIVTEJ PRAKASH
108	KOKARE TEJAS ANIL
109	KOLEKAR RUSHIKESH RAMESH
110	KOPARDE ANJALI PANDURANG



111	KORADE PRIYANKA SANJAY
112	KORLEKAR VAISHNAVI VIJAY
113	KOTKAR CHANDANI PANDURANG
114	KOTKAR JIVITESH PRAMOD
115	KOTKAR VEDANT YOGESH
116	KUMAWAT MANISHA RAMSWAROOP
117	LAVHATE SONAL RAJESH
118	LAWANE ANUJA ARVIND
119	LOKHANDE PRACHI VISHWANATH
120	MADHAVI KRUTIKA SANJAY
121	MADHAVI AMEY SANTOSH
122	MADHAVI DRUSHTI HEMANT
123	MADHAVI GAYTRI VASANT
124	MADHAVI PRADNYA MANOHAR
125	MADHAVI PRITAM KRISHNA
126	MADHAVI SAHIL JAGDISH
127	MADHAVI SAPANA AJIT
128	MADHAVI SARVESH CHANDRAKANT
129	MAGARE ROHIT SHAIKENDRA
130	MAGDUM PREETI NANDKUMAR
131	MAKARE SHUBHAM SUHAS
132	MANDARKAR ROHIT GANESH
133	MANDOLIKAR SARASWATI ASHOK
134	MANYAR TARANNUM RAFIK
135	MARDHEKAR PRATIK SURESH
136	MAREKAR ROHIT DILIP
137	MASKAR BHUSHAN UTTAM
138	MATKAR OMKAR NANDKISHOR
139	MESHAM BHARTI DINESH
140	MHASKE SANKET NAVNATH
141	MHATRE HARSHITA JAYRAM
142	MHATRE SIDDHITA MILIND
143	MISAL KANCHAN VILAS
144	MISHRA ANURAG ANIL KUMAR
145	MISHRA KAMALKUMAR SHESHMANI
146	MISHRA MANASI BRIJESH
147	MISHRA SEJAL ARVINDNATH
148	MISHRA SONALI SATYABHUSHAN
149	MISTRI JAYA RAJESH
150	MORE SIDDHIKA PRASHANT
151	MORE UDAY RAHUL
152	MULANI ALTHMASH DILAWER
153	MULIK PORNIMA RAJARAM
154	NAIK ASMITA MADHUKAR
155	NAIK BHAKTI MANOHAR
156	NAIK NILESH HIRAMAN
157	NAIK OMKAR SHASHIKANT
158	NAIK UNNATI BHARAT
159	NALGE OMKAR UTTAM
160	NARHE KUNAL SAMBHAJI
161	NATKAR SWAPNIL SHRIHARI
162	NAVASRE PRITI VIJAY
163	NEMANE DEEPAK SHRIDHAR
164	NICHITE HEMANGI BHAU
165	NIHSAD ANITA SHRITAUAN
166	NIKAM MIHIR KUNDAN
167	NIKAM ROSHAN SHANTARAM
168	NIKAM SHUBHAM NARESH



Shalini
PRINCIPAL

Mrs. Sushiladevi Deshmukh College of Arts

Art, Science & Commerce
Sec-4, 4th Flr, Navi Mumbai-400708

169	NINDI AVINASH MARIAPPA
170	PAL DALI LALBAHADUR
171	PAL SACHIN JITENDRA
172	PAL SWAPNALI LALBAHADUR
173	PANDEY SHUBHAM OMPRAKASH
174	PANDEY SWATI OMPRAKASH
175	PANDEY VIKAS AKHILESH



Shalini
PRINCIPAL
 Smt. Sushiladevi Deshmukh College of
 Arts, Science & Commerce
 Sector 4, Andri, Navi Mumbai 401 708

MCT

College : Smt. Sushiladevi Deshmukh College of Arts, Science and Commerce, Sector 4, Airoli, Navi Mumbai

YEAR-2020-21

EVENT: Yoga

STREAM: SY

DATE: 21/06/2020 to 23/06/2020

SR.NO.	NAME OF THE PARTICIPANTS
1	CHANDE VRUSHALI SUDHAKAR
2	ALKUTE SUPRIYA BHAUSAHEB
3	ANERAO SAGAR SURESH
4	ANSARI MEHNAZ BANO TUFAIL AHMAD
5	BALID KIRAN DILIP
6	BANSODE ASHWAINI VITTHAL
7	BARGE KIRAN PRATAP
8	BELOSE ATISH GANESH
9	BELOSE SHREYAS PRADEEP
10	BELOSHE SAKSHI HANUMANT
11	BHAGAI ANIKET SANJAYREDDY
12	BHARTI RAJKARAN KUBERPRASAD
13	BHOYE KRANTI SHANTARAM
14	BOCARRO MOSES GRACIOUS
15	BOMBLE SWAPNIL SURESH
16	BORGAVE MAHADEVI DILIP
17	CHAND SARASWATI HARIBAHADUR
18	CHAURASIYA SAVITA GAYAPRASAD
19	CHAURASIYA SEEMA RAMBAHADUR
20	CHAVAN RAHUL DATTATRAY
21	CHAVAN RASIKA RAVINDRA
22	CHAVAN SHUBHAM BHAUSAHEB
23	CHAVAN VINIT RAMESH
24	CHOUDHARY GAYATRI RAJKUMAR
25	DANGE VISHAL RAJABHAU
26	DAUNDE PANKAJ BALARAM
27	DEORUKHKAR SHUBHAM BABAN
28	DESHMUKH OMKAR SATISH
29	DESHMUKH PALLAVI ANIL
30	DESHMUKH PRITI UDDHAV
31	DEVADIGA RAHUL ANAND
32	DHULAP NIKITA SANJAY
33	DHUMAL SUDHIR VIJAY
34	DIWAKAR SACHIN RAJA
35	GADBADE VAISHNAVI BHIMA
36	GAIKWAD DIVYA DIGAMBAR
37	GANGURDE NISHANT MILIND
38	GASTE SURENDRA PANDIT
39	GHALKE SANDESH SANJAY
40	GHOOGARE RUSHIKESH SHEKHAR
41	GOLE PRAVIN LAXMAN
42	GOSAVI DEVESH DILIP
43	GOVEKAR ADITI NIMBAJI
44	GOWDA RANJITA SRIDHAR
45	GUPTA AMITKUMAR VIJAYKUMAR
46	GUPTA ANKITA ASHOK
47	GUPTA GAUTAMKUMAR PRAMOD
48	GUPTA KOMAL RAMESH
49	GUPTA LAVKUSH ASHOK
50	GUPTA REENA JAWAHARLAL
51	GUPTA VAISHNAVI JITENDRA
52	HATE SIMRAN MAHESH
53	HEND KALYANI ARUN
54	HULE ANIKET SANDIP



- 55 HUSGE BHUPEN JAGDISH
- 56 ILLALE NIKHIL RAJU
- 57 INGALE PRATHAMESH CHANDRAKANT
- 58 INGLE ROHINI RAM
- 59 INGOLE TANVI NIVRUTTI
- 60 JABARE DIVYA KRUSHNA
- 61 JADHAV ABHJEET GOPAL
- 62 JADHAV ASHANK ASHOK
- 63 JADHAV CHIRAG MUKUND
- 64 JADHAV MANISH MUNNA
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- 77 KALE CHIRAG DEEPAK
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- 79 KAMBLE MANSI DHANAJI
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- 81 KAMBLE SONU SHIVARAM
- 82 KAMTI KOMAL SHANKAR
- 83 KANWAR NEHAL TEJ SINGH
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- 92 KHARATMOL SHRUTI GANESH
- 93 KHOSE PRAJAKTA POPAT
- 94 KHOT PALLAVI MADHAVRAO
- 95 KHOT SHIVTEJ PRAKASH
- 96 KM SONI SHARADA PRASAD
- 97 KOLEKAR RUSHIKESH RAMESH
- 98 KOPARDE ANJALI PANDURANG
- 99 KORADE PRIYANKA SANJAY
- 100 KORLEKAR VAISHNAVI VIJAY
- 101 KOTKAR CHANDANI PANDURANG
- 102 KOTKAR JIVITESH PRAMOD
- 103 KOTKAR VEDANT YOGESH
- 104 KUMAWAT MANISHA RAMSWAROOP
- 105 LAVHATE SONAL RAJESH
- 106 LAWANE ANUJA ARVIND
- 107 LOKHANDE PRACHI VISHWANATH
- 108 MADHAVI AMEY SANTOSH
- 109 MADHAVI DRUSHTI HEMANT
- 110 MADHAVI GAYTRI VASANT
- 111 MADHAVI KRUTIKA SANJAY
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- 115 MADHAVI SAPANA AJIT



116	MADHAVI SARVESH CHANDRAKANT
117	MAGARE ROHIT SHAILEMDRA
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119	MAHANGADE SAGAR SUNIL
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137	MORE SIDDHIKA PRASHANT
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141	NAIK ASMITA MADHUKAR
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143	NAIK NITESH HIRAMAN
144	NAIK UNNATI BHARAT
145	NALGE OMKAR UTTAM
146	NARHE KUNAL SAMBHAI
147	NATKAR SWAPNIL SHRIHARI
148	NAVSARE PRITI VIJAY
149	NEMAME DEEPAK SHRIDHAR
150	NICHITE HEMANANGI BHAI
151	NIKAM MIHIR KUNDAN
152	NIKAM ROSHAN SHANTARAM
153	NIKAM SHUBHAM NARESH
154	NISHAD ANITA SHRITAUAN
155	PAL DALI LALBAHADUR
156	PAL SACHIN JITENDRA
157	PAL SWAPNALI LALBAHADUR
158	PANDEY SHUBHAM OMPRAKASH
159	PANDEY SWATI OMPRAKASH
160	PANDEY VIKAS AKHILESH
161	PAREKH AADITYA RAJESH
162	PASWAN SAVITRI RAMHARAT
163	PATEKAR PRITI KISAN
164	PATIL ANIKET SANTOSH
165	PATIL KSHITIJ SHASHIKANT
166	PATIL MANSI MAHENDRA
167	PATIL MAYURI DEVIDAS
168	PATIL PRATHAMESH NAMDEV
169	PATIL ROSHANI DHANAJI



Shalini

PRINCIPAL

Smt. Sushiladevi Deshmukh College of
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Sec. 4, Airoli, Navi Mumbai 401 708

MCT

College : Smt. Sushiladevi Deshmukh College of Arts, Science and Commerce, Sector 4, Airoli, Navi Mumbai

YEAR-2020-21

EVENT: Professional email writing and grammar vocabulary abilities

STREAM: FY

DATE: 18/03/2021-20/03/2021

SR.NO.	NAME OF THE PARTICIPANTS
1	AGARWAL KARISHMA SHYAMSUNDAR
2	BABULKAR KANCHAN BHAGVAN
3	BACHHAV REETESH RAJENDRA
4	BANSODE PRAJAKTA SUDHAKAR
5	BIHALERAO ASMITA GANESH
6	BHOIR NUPOOR BALARAM
7	BHOIR PRANALI BALKRISHNA
8	BHOSALE KIRAN KASHINATH
9	BHOSALE SOHAM TATYABA
10	BHOSALE TUSHAR SUBHASH
11	BHOSALE VAIBHAV ASHOK
12	BISHT TANIYA KUNDAN
13	BOKTI ANJALI RAJESH
14	CHAUDHARY ERSHAD IMTIYAZ
15	CHAUHAN CHANDA INDRAN
16	CHAUHAN CHANDA INDRAN
17	CHAVAN AKASH VYANKAT
18	CHAVAN KALPAJA KASHINATH
19	CHAVAN ONKAR SUBHASH
20	CHAVAN TULSHIRAM SOMLA
21	CHILME MAHADEV BABUREDDY
22	CHOUDHARY ARUN SHIVKUMAR
23	CHOUDHARY HETAL VAGATARAM
24	DALVI DIPRA RAJU
25	DANGE GAURAV BAJIRAO
26	DAUNDE AKANKSHA PRABHAKAR
27	DEVARE KALYANI SURESH
28	DHAVAL SHUBHAM DADA
29	DHAWADE HARISHWAR SUNIL
30	DHILPE SAKSHI JUGNU
31	DHOTRE CHANCHAL SURESH
32	DHURI SAMRUDDHI VILAS
33	DUBEY ARUN RAMAKANT
34	DUBEY SONALI PRECHAND
35	FULSE SHWETA ANIRUDDHA
36	GAIKWAD GANESH BHAGWAN
37	GAIKWAD SANJANA RAJENDRA
38	GAIKWAD SURAJ RAJU
39	GANDHALE PRATIKSHA DHANAJI
40	GAONKAR KEDAR LAXMAN
41	GAUD SHIVAM SANJAY
42	GAWADE SIDDESH SHARAD
43	GAWALE ROHAN CHAMPAT
44	GAWALI SANDESH PANDURANG
45	GHARAT HEMANGI SANTOSH
46	GHEGADE SIDDHI VIJAY
47	GHUTUKADE PALLAVI SUBHASH
48	GOBARI BHAVNA MOHANSINGH
49	GOPHANE NITIN RAJENDRA
50	GOTHARE JYOTI GOVIND
51	GUDHEKAR NITESH ANIL
52	GUPTA ANKIT KUMAR BASANTLAL



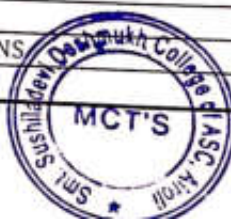
53	GUPTA RAHUL RAMESH
54	GUPTA SHIVAM MANOJ
55	GURAV YASH ANIL
56	GURJAR MANISH PUKHRAJ
57	HANDE RAJAT SHARAD
58	HEBBALKAR SAKSHI VASANT
59	IBUSHE ERAM ARIF
60	INGLE SHUBHANG AJIT
61	JADHAV ARTI DHANAJI
62	JADHAV ASHA ASHOK
63	JADHAV BHAGYASHREE DATTU
64	JADHAV KISHOR JAGANNATH
65	JADHAV NIKITA SHIVNATH
66	JADHAV PRAJAKTA NARESH
67	JADHAV SHIVANANDAN BABURAO
68	JAGTAP SANKET NIVRUTTI
69	JAIN DARSHAN VIMAL
70	JANGAM DARSHANA DEEPAK
71	JAWALE DIVYA DATTATRAY
72	JHA SHUBHAM VINIT
73	JHA USHA UGRANAND
74	KADAM ROHIT NAVNATH
75	KADAM SHAILESH VISHWANATH
76	KADLAK SAHIL AJIT
77	KALE JANHVI VIJAY
78	KALOR VIKRAM VANJARAM
79	KAMBLE ARJUN SHIRMANT
80	KAMBLE KAVITA ARUN
81	KAMBLE NANDINI WAMAN
82	KAMBLE PRASAD ANAND
83	KAPDI POONAM MADHUKAR
84	KATARE ASHWINI ATMARAM
85	KELKAR OMKAR RAJENDRA
86	KHAIRE SHREEHARI ASHOK
87	KHAN MOHD UMAR MOHD HUSSAIN
88	KHAN REHANA NOORULHUDA
89	KHAN SAIYYADA FATEMA
90	KHAN SHAKEENA BANO
91	KHAN SUMAYLA KHATUN
92	KHAN WASIM AKHTAR
93	KHARATMOL KARTIK NAGENDRA
94	KHODE NIKITA KALU
95	KODI GANESH VENKATRAO
96	KOLI GEETIKA DASHARATH
97	KOLI SUPRIYA KISHOR
98	KOLI TUSHAR SUPADU
99	KOTKAR ARPAN SHYAM
100	KOTKAR GAURAV JAYWANT
101	KOTKAR MITALI DINKAR
102	KOTKAR PRATHAM PRAKASH
103	KOTKAR SAURABH NARENDRA
104	KUMAVAT RAKESH DEEPARAM
105	KUMBHAR SNEHAL SUNIL
106	LANDGE APURVA MARUTI
107	MADHALE ADARSH FULCHAND
108	MADHAVI DIPALI ROHIDAS
109	MADHAVI KALPESH SANDIP
110	MADHAVI MITALI PRABHAKAR
111	MADHAVI SAKSHEE PRAKASH



112	MADHAVI SONAL MANOHAR
113	MAILKAR GAYATRI RAJKUMAR
114	MALI VIRAJ SANTOSH
115	MANE SANSKRUTI DADA
116	MANGARE JAY BALASAHEB
117	MAREKAR RUTUJA DILIP
118	MASKAR SNEHAL TANAJI
119	MAURYA ATUL SURESHKUMAR
120	MAURYA PRATIMA RAJKUMAR
121	MAYEKAR AKSHATA JITENDRA
122	MEHER ADITYA SUDHIR
123	MESHRAM ROHIT SURESH
124	MHATRE YASH UMAKANT
125	MIRAJKAR ASHWINI MANOJ
126	MIRKAR MUZAYYAN HAMID
127	MISHRA DINESH KISHAN
128	MISHRA SHUBHAM CHANDRAKANT
129	MISHRA VICKY RAKESH
130	MITE JYOTI JALINDAR
131	MOKASHI PRATHAM SANJAY
132	MOMIN MUBASHIRAH ASIF
133	MORE SAKSHI SHASHIKANT
134	MORE SNEHA LAXMAN
135	MORE SUBODH LALASAHEB
136	MORE TEJAS PRADEEP
137	MOTIRAVE NIKITA NAVNATH
138	NAGARJI ASHOK NIRMAL
139	NALLA OMKAR RAJENDRA
140	NAVARE GAURAV SHYAMKANT
141	NIKAM SHRINATH RAJKUMAR
142	PADALE MAYUR MAHENDRA
143	PANDEY MUNITA LALLAN
144	PANDEY PRATIBHA ANAND
145	PANDIT AISHWARYA DHANANJAY
146	PARULE SUPRIYA VINOD
147	PATHAK ANIKET RAVINDRA
148	PATHAN SIMRAN YUSUF
149	PATIL AJINKYA ASHOK
150	PATIL AKSHTA RAMCHANDRA
151	PATIL KAVISH NAVNATH
152	PATIL ROHIT ANAND
153	PATIL SAMITA SHANKAR
154	PATIL SANJEEVANI KISHOR
155	PATIL SIDDHESH PRAVIN
156	PATIL SNEHAL SATISH
157	PATIL SOURAV DILIP
158	PATIL VIGNESH NARAYAN
159	PATIL YASH SATISH
160	PAYTEE LAXMIKANT HANUMANTH
161	PINTO STALLAN PRAKASH
162	POOJARY PAYAL RAMESH
163	POTEKAR ADITYA VITTHAL
164	PRADHAN SHRUTI SANJAY
165	PRAJAPATI HARSH HARESHKUMAR
166	PRAJAPATI MARUTNANDA HARIRAM
167	PRASAD KUMARI ARADHNA PARAMHANS
168	PRASAD PAPPU DEVENDRANATH

Shakun
PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sector 4, Andri, Navi Mumbai 400 705



MCT

College : Smt. Sushiladevi Deshmukh College of Arts, Science and Commerce, Sector 4, Alroli, Navi Mumbai
YEAR-2021-2022

EVENT: YOGA

STREAM: SY

DATE:21/06/2021-23/06/2021

SR.NO.	NAME OF THE PARTICIPANTS
1	AGARWAL KARISHMA SHYAM SUNDER (RADHA)
2	BABULKAR KANCHAN BHAGWAN (MINAKSHI)
3	BACHHAV REETESH RAJENDRA (SADHANA)
4	BANSODE PRAJAKTA SUDHAKAR (SHOBHA)
5	BHALERAO ASMITA GANESH (RAJASHREE)
6	BHOIR NUPOOR BALARAM (SAPANA)
7	BHOIR PRANALI BALKRISHNA (BHOIR SHEETAL BALKRISHNA)
8	BHOSALE KIRAN KASHINATHA
9	BHOSALE SOHAN TATYABA (VIJAYA)
10	BHOSALE VAIBHAV ASHOK (SARASWATI)
11	BISHT TANIYA KUNDAN (KALPANA)
12	CHAUHAN CHANDA INDRADDEV (MAINADEVI)
13	CHAURASIYA SHEETAL SHIVPRASAD
14	CHAVAN AKASH VYANKST (VIMAL)
15	CHAVAN ONKAR SUBHASH (CHHAYA)
16	CHAVAN TULSHIRAM SOMLA (SOMLIBAI)
17	CHILME MAHADEV BABUREDDY (JAYSHRI)
18	CHOUDHARY ERSHAD IMTIYAZ (HAYATUNISHA)
19	CHOUDHARY HETAL VAGAJARAM (JAMUNA)
20	DALVI DIPA RAJU (SHARDA)
21	DANGE GAURAV BAJIRAO (JYOTI)
22	DAUNDE AKANKSHA PRABHAKAR (PRATIBHA)
23	DEVARE KALYANI SURESH (MANISHA)
24	DHAVAL SHUBHAM DADA (KALPANA)
25	DHAWADE HARISHWAR SUNIL (SANDHYA)
26	DHILPE SAKSHI JUGNU (VIMAL)
27	DHOTRE CHANCHAL SURESH (ARUNA)
28	DUBEY ARUN RAMAKANT (ASHOKA)
29	DUBEY SONALI PRECHAND (MALTI DUBEY)
30	FULSE SHWETA ANIRUDDHA (KALPANA)
31	GAIKWAD GANESH BHAGWAN (KAVITA)
32	GAIKWAD SANJANA RAJENDRA (BABITA)
33	GAIKWAD SURAJ RAJU (CHHAYA)
34	GANDHALE PRATIKSHA DHANAJI (PUSHPA)
35	GAONKAR KEDAR LAXMAN (VIJAYA)
36	GAUD SHIVAM SANJAY (LAXMI)
37	GAWADE SIDDHESH SHARAD (VANDANA GAWADE)
38	GAWALI SANDESH PANDURANG (ALKA)
39	GHARAT HEMANGI SANTOSH (SANDHYA)
40	GHEGADE SIDDHI VIJAY (PRIYA)
41	GHUTUKADE PALLAVI SUBHASH (ANITA)
42	GOBARI BHAVNA MOHAN SINGH (TARA)
43	GOPHANE NITIN RAJENDRA (MANISHA)
44	GOTHARE JYOTI GOVIND (SUSHILA)
45	GUDHEKAR NITESH ANIL (SHOBHA)
46	GUJAR SHAILESH BAJARANG
47	GUPTA RAHUL RAMESH (SHANTI)
48	GUPTA SHIVAM MANOJ KUMAR
49	GURAV YASH ANIL (AASAWARI)
50	GURJAR MANISHKUMAR PUKHRAJ (LILADEVI)
51	HANDE RAJAT SHARAD (VAISHALI)
52	HEBBALKAR SAKSHI VASANT (SUNANDA)
53	IBUSHE ERAM ARIF (FATIMA)
54	INGLE SHUBHANG AJIT (SAYALI AJIT INGLE)



55	JADHAV ARTI DHANAJI (RANI)
56	JADHAV ASHA ASHOK (SUNITA)
57	JADHAV BHAGYASHREE DATTU (SUNDARABAI)
58	JADHAV KISHOR JAGANNATH
59	JADHAV NIKITA SHIVNATH (NANDA)
60	JADHAV PRAJAKTA NARESH (NIKITA)
61	JADHAV SHIVNANDAN BABARAO (USHA JADHAV)
62	JAGTAP SANKET NIVRUTTI (SUVARNA)
63	JAIN DARSHAN VIMAL (ANITA)
64	JANGAM DARSHANA DEEPAK (MANJULA)
65	JAWALE DIVYA DATTATRAY (BAINA)
66	JHA SHUBHAM KUMAR VINIT (LALDAY DEVI)
67	JHA USHA UGRANAND (RANJANA)
68	KADAM ROHIT NAVNATH (UJWALA)
69	KALE JANHAVI VIJAY (SARIKA)
70	KALOR VIKRAM VINJARAM (DARYADEVI)
71	KAMBLE ARJUN SHIRMANT (SIDDHAMMA)
72	KAMBLE KAVITA ARUN (RADHIKA)
73	KAMBLE NANDINI WAMAN (KOMAL)
74	KAMBLE PRASAD ANAND (USHA)
75	KAPADI POONAM MADHUKAR (SANGITA)
76	KELKAR OMKAR RAJENDRA (JAYSHREE)
77	KHAIRE SHREEHARI ASHOK (MANISHA)
78	KHAN MOHD UMAR MOHD HUSSAIN (RABIYA)
79	KHAN REHANA NOORULHUDA (KEISAR JHAHA)
80	KHAN SAIYYADA FATEMA ABDUL MUTTALIB (ASRUNNISA)
81	KHAN SHAKEENA BANO (RABIYA)
82	KHAN SUMAYLA KHATUN ISRAR AHAMAD
83	KHAN WASIM AKHTAR (NAZNIN AKHTAR KHAN)
84	KHARATMOL KARTIK NAGENDRA (VANDANA)
85	KHODE NIKITA KALU (VIMAL)
86	KODI GANESH VENKATRAO (KRISHNAVENI)
87	KOLI GEETIKA DASHARATH (DEEPA)
88	KOLI TUSHAR SUPADU (NALINI)
89	KOTKAR ARPAN SHYAM (HARSHALI)
90	KOTKAR GAURAV JAYWANT (YOGITA)
91	KOTKAR MITALI DINKAR (RAJESHREE)
92	KOTKAR PRATHAM PRAKASH (MINAKSHI)
93	KOTKAR SAURABH NARENDRA (TRIVENI)
94	KUMAVAT RAKESH DEEPAK (PUSHPA)
95	KUMBHAR SNEHAL SUNIL (YOGITA)
96	LANDGE APURVA MARUTI (VAISHALI)
97	MADHALE ADARSH FULCHAND (ANU)
98	MADHAVI DIPALI ROHIDAS (LAXMI)
99	MADHAVI KALPESH SANDIP (SANGITA)
100	MADHAVI MITALI PRABHAKAR (RESHMA)
101	MADHAVI SAKSHEE PRAKASH (JYOTSNA)
102	MADHAVI SONAL MANOHAR (NIRMALA)
103	MAILKAR GAYATRI RAJKUMAR (SANGITA)
104	MALI VIRAJ SANTOSH (ANITA)
105	MANE SANSKRUTI DADA (SULOCHANA)
106	MANGARE JAY BALASAHEB (SHAKUNTALA)
107	MANOJ INDRAJEET YADAV (SUSHILA)
108	MAREKAR RUTUJA DILIP (MIRA)
109	MASKAR SNEHAL TANAJI (SUREKHA)
110	MAURYA ATUL SURESHKUMAR (URMILADEVI)
111	MAURYA PRATIMA RAJKUMAR (SUKHRANI)
112	MAYEKAR AKSHATA JITENDRA (JYOTI)
113	MEHER ADITYA SUDHIR (USHA)
114	MESHARAM ROHIT SURESH (ANITA)
115	MHATRE YASH UMAKANT (MANDA)



116	MIRAJKAR ASHWINI MANOJ (PRITI)
117	MIRKAR MUZAYYAN HAMID (RABIYA)
118	MISHRA DINI SHI KISHAN (SUNITA)
119	MISHRA SHUBHAM CHANDRAKANT (REKHA)
120	MISHRA VICKY RAKESH (SUMAN)
121	MITE JYOTI JALINDAR (VAISHALI)
122	MOMIN MUBASHIRAH ASIF (RAHIL)
123	MORE SAKSHI SHASHIKANT (SAYLI)
124	MORE SNEHA LAXMAN (KAMAL)
125	MORE SUBODH TALASAHEB (JYOTI)
126	MORE TEJAS PRADEEP (PRAGATI)
127	MOTIRAVE NIKITA NAVNATH (MANISHA)
128	NALLA OMKAR RAJENDRA (ANITA)
129	NAVARE GAURAV SHYAMKANT KRUSHINABAI (KRUSHINABAI)
130	NIKAM SHRINATH RAJKUMAR (MADHUMALA)
131	PADALE MAYUR MAHENDRA (ANALI)
132	PANDEY MUNITA LALLAN (SAVITRI DEVI)
133	PANDEY PRATIBHA ANAND (REENA)
134	PANDIT AISHWARYA DHANANJAY (ANANDI)
135	PARULE SUPRIYA VINOD (UJJWALA)
136	PATHAK ANIKET RAVINDRA (PUSHPA)
137	PATHAN SIMRAN YUSUF (TABASSUM)
138	PATIL AJINKYA ASHOK (GULAB)
139	PATIL KAVISH NAVNATH (PRABHAVATI)
140	PATIL ROHIT ANANDA (DIPALI)
141	PATIL SAMITA SHANKAR (DEEPA)
142	PATIL SANJEEVANI KISHOR (KUMUDINI)
143	PATIL SIDDHESH PRAVIN (PRAMILA)
144	PATIL SNEHAL SATISH (SANGITA)
145	PATIL SOURAV DILIP (KAVITA)
146	PATIL VIGNESH NARAYAN (PORNIMA)
147	PAYTEE LAXMIKANT HANUMANTH (SARASWATI)
148	PINTO STALLAN PRAKASH (MONICA)
149	POOJARY PAYAL RAMESH (CHANDRAVATHI)
150	POTTEKAR ADITYA VITTHAL (SUJATA)
151	PRADHAN SHRUTI SANJAY (VANITA)
152	PRAJAPATI HARSH HARESHKUMAR
153	PRAJAPATI MARUTNANDAN HARIRAM
154	PRASAD ARADHNA PARAMHANS
155	RAJ ARADHANA ANILKUMAR (SANDHYA)
156	RAJBHAR SACHIN MITHUPRASAD
157	RANKHAMBE KRUTIKA BABURAO (CHHAYA)
158	RANVIR PRIYANKA PRAKASH (SUNITA)



Shalini
PRINCIPAL

Smt. Sustaladevi Deshmukh College of
Arts, Science & Commerce
Sec-4, Aurang Vihar, Mumbai-400 706

YEAR-2021-22

EVENT: Coping with emotions
STREAM: FY
DATE:10/03/2022-12/03/2022

SR.NO.	NAME OF THE PARTICIPANTS
1	BHOSLE SUSHANT SHIVAJI USHA
2	ALLADA TARUN ISHWARRAO ROHINI
3	AMBEKAR MAYURI BABAN MINAKSHI
4	ANERAO LEENA SURESH SHALINI
5	ANSARI AFTAB SAJJAUDDIN FATIMA
6	ANSARI NOOR MOHAMMAD MUSAHEB
7	ASBE VIBHA BHASKAR VARSHA
8	BAGDE KANCHAN KESHAVRAO
9	BAGWAN SANIYA HARUN YASMIN
10	BAIRAGI BHAVANA SAMIR ANUSAYA
11	BANDAL SUPRIYA SHRIPAT RATNA
12	BANSODE ATHARV PRAJAKT HEMA
13	BARIK CHINMAY LAXMIDHAR MINATI
14	BASSAN JASPREET KAUR GURUNAM
15	BEHERA JHARANA NITYANAND LAXMI
16	BHALERAO SWAPNALI CHANDRAKANT
17	BHARTI DIPESH RAMJATAN
18	BHARTI RUBINA RAJESH MANJU
19	BHENDEKAR KRANTI BABURAO
20	BHOSALE NANDINI YUVRAJ SHEETAL
21	BIND SUDHA CHANDRAMANI
22	CHAUBEY SHIVAM PRADEEP SARITA
23	CHAUDHARY PARTH PRADEEP
24	CHAUHAN PRITI AMARNATH URMILA
25	CHAUHAN SHRIKANT TRIBHUVAN
26	CHAURASIYA SUJEETA GAYAPRASAD
27	CHAVAN ANIKET PRAKASH KAVITA
28	CHAVAN PRIYANKA PANDURANG
29	CHIKANE VIJAYA BALKRISHNA MANDA
30	CHOPADE SHIVANI SATISH RASIKA
31	CHORGE PRATHAM ANIL ASHA
32	CHUBBEY NAVNEET PRADEEP
33	CHOUHAN YASH RAMESH BHARTI
34	CHOURASIYA VISHAL RAM BELAS
35	CHOWDHARY ANUSHKA ANIL SONCHITA
36	DAFALE AARTI YASHWANT SHILPA
37	DANDANKAR NIKHIL BUDDHAPPA
38	DARVE SWAPNIL LALU NIRMALA
39	DESAI VINAY MAHENDRA RESHMA
40	DEVADIGA PRAJWAL MAHALINGA
41	DHUMAL DIPALI MARUTI SANDHYA
42	DIGE RUTUJA RAMDAS MANISHA
43	DIXIT SHASHANK BRAMHADEV SUMAN
44	DOBHAR MAMTA SANTOSH NITA
45	DUSHING SUMIT VILAS VIDYA
46	DWIVEDI JANKIRAMAN UMESH SUNITA
47	EPILI LALITA BHUBANESHWAR SAROJINI
48	FURTADO ANNIE MICHAEL MANISHA
49	GAIKWAD GAURI SANTOSH RANI
50	GAIKWAD GAUTAM SHANKAR LATA
51	GAIKWAD PAWAN ASHOK MEERA
52	GAIKWAD PREM SHIVANAND RATNA
53	GAIKWAD PRIYANKA BHIMRAO USHA
54	GAUD ABHINAV SUBHASH SANNO DEVI



55	GAVANDE RUTUJA BALSHIRAM
56	GAVATADE SHRIDHAR KRUSHNAA
57	GAVHANE VIBHUTI DHIRAJ SADHANA
58	GEDAM GANESH MILIND PUSHPA
59	GHADSHI RHUTUJA SUNIL SUREKHA
60	GHOLE NISHANT VINAYAK PRIYANKA
61	GHOSALKAR PIYUSH NILESH CHITRA
62	GHULE MAYURI LAHU VASANTI
63	GOGAWE MAYUR SURYAKANT SUMITRA
64	GOUDA AJIT KALUCHARAN LAXMI PRIYA
65	GOVALKAR ADINATH GANESH USHA
66	GUJAR AARYA AMOL ABHAYA
67	GUNJAL MONIKA NANASAHEB
68	GUPTA AMIT ROHITKUMAR VIJAYLAXMI
69	GUPTA ANIKET PRAMOD SARITA
70	GUPTA DEEPAK RAMESH SINDHU
71	GUPTA HARSH RAJMANI RITA
72	GUPTA SATYAM SADAN BINDU
73	GUPTA SNEHA PAPPU PRAMILA
74	GUPTA YASH SANTOSH MANJU
75	HALPATRAO SNEHA GAJANAN REKHA
76	HANDE ANUJ DIPAK MANISHA
77	HANDE JAY DIPAK MANISHA
78	ILLALE SANKET SANTARAM ANITA
79	JADHAV RAVINA GANESH JANKIBAI
80	JADHAV SAKSHI SANTOSH SHRADDHA
81	JAIN YAMINI VIJENDRA SHARMILA
82	JAISAWAR VISHAL RADHESHYAM
83	JAISWAL SUMIT DINESH SANJU
84	JAISWARA NISHANT SHAMBOONATH
85	JAMBHULKAR KOMAL EKNATH SUSHMA
86	JHA ISHA SANJEEV ANJANI
87	JHA SURAJ AMRESH KALPANA
88	JOSHI BHAVESH NEELKANTH DHAPU
89	JOSHI NIKITA MARUTI NISHA
90	JOSHI TANMAY BHANUDS BHARATI
91	KADU SHUBHAM DATTATRAY NIRMLA
92	KALAL DIKSHA RAMESH SUSHILADEVI
93	KAMBLE AISHWARYA PRAKASH SAVITA
94	KAMBLE ASHWINI DATTA RAMA
95	KAMBLE PRATIKSHA SUDHAKAR VAISHALI
96	KAMBLE VISHAL DHANAJI CHHAYA
97	KARADE SHRUTI KAILASH PRATIBHA
98	KASHYAP VIKAS RAJESH NEELAM
99	KATARE SNEHA PANDURANG SUNITA
100	KAUDGAVE RUPAM KISHAN ANUSAYA
101	KENI VANSI SANJAY SULBHA
102	KHADE AKASH VILAS PRAPTI
103	KHAN ARBAJ MOHAMMAD ISAR
104	KHAN JAKI AHMAD SHAFI AHMAD
105	KHAN NASIM AKHTAR NAZNIN
106	KHAN SANIYABANO MO ISRAR
107	KHOKRALE YASH SUDHIR UJJWALA
108	KOKATE AKASH BALASAHEB SANGITA
109	KOKIRKAR SANIKA CHANDRAKANT
110	KOLBANDREKAR PRADNYA LAVU LINA
111	KOLI JAY SHASHIKANT MANISHA
112	KSHIRSAGAR DIPTI SANTOSH NIRMALA
113	KUMAVAT PRIYANKA ROHITASH MAYA
114	LANJEKAR MINESH VILAS VAIBHAVI
115	LAVHATE PRASHANT RAJESH ASHA



116	LODHI BABY RAKESH RASHI
117	LOKHANDE VED VISHWANATH PRATIMA
118	MADAYE PRIYANKA RUPESH RUPALI
119	MADHAVI ADITI DNYANESHWAR KARUNA
120	MADHAVI BHAVESH SANDEEP SANGEETA
121	MADHAVI MANSI SADANAND ROHINI
122	MADHAVI PRATHAM BHANUDAS GEETA
123	MADHAVI ROHIT GAJANAN MEENA
124	MAGARE SWAPNIL SHAILENDRA
125	MAHAJAN BHAVIKA AMOL NEETA
126	MANE AVISH LAXMAN SHOBHA
127	MANGALE SANIKA SAGAR VANDANA
128	MANKUMARE RUTUJA SHAMRAO
129	MAURYA PRITI PHOOLCHAND SHARDA
130	METE NILESH ANIL USHA
131	MHADNAK PRACHI PRADEEP
132	MISHRA EKA DEEPCHANDRA AARTI
133	MISHRA MANISH SANTOSH ANITA
134	MISHRA RAGINI MANVINDARNATH
135	MISHRA SAGAR SHITLA PRASAD
136	MISHRA SANJEEV MUKESH RITA
137	MISHRA VIKAS OMPRAKASH PUSHPA
138	MOHITE PRATIKSHA BALIRAM
139	MORE KIRAN RAJENDRA SAROJ
140	MORE RISHIKESH SANJAY KALAPNA
141	MORE SANJANA RAMESH RANI
142	MULE GOURI RAJU SEEMA
143	MULIK OMKAR NISHANT PALLAVI
144	NAIK RUCHITA RAMCHANDRA RASIKA
145	NAIK TANMAY DHANANJAY SHUBHANGI
146	NISHAD SHUBHAM RAMBAHADUR
147	OVHAL SAKSHI RAM RANJANA
148	PAKHARE SANTOSH AMBADAS RADHA
149	PAL AAKASH RAMSEVAK SARITA
150	PAL MANISHKUMAR LALCHAND
151	PAL SANDEEP ANILKUMAR NIRMALA
152	PAL TUSHAR SUNIL SUMAN
153	PANCHAL ATHARVA PRASHANT PRADNYA
154	PANDEY SNEHA ARUNBASANT BABLI
155	PANDEY TILAK GIRISH RENU
156	PATEL MUSKAN RAJJAK SHEHNAJ
157	PATEL POOJA LALLUPRASAD PHULPATI
158	PATEL PRAKASH GOPARAM PABUDEVI
159	PATEL PRIYANKA NITIN NILIMA
160	PATIL HARSHALI GAJANAN SAVITA
161	PATIL JAYESH VASUDEV KAVITA
162	PATIL PANKAJ ASHOK BHAGYASHRI
163	PATIL PRANITA JANARDHAN
164	PAUL JEFFRIN ISAAC MARTIN DILKHUSH
165	PAWAR SANDHYA ROHIDAS JYOTI




PRINCIPAL
 Smt. Sushiladevi Deshmukh College of
 Arts, Science & Commerce
 S.P. 4, Near: Nagpur Bypass Road, Nagpur

MCT

College : Smt. Sushiladevi Deshmukh College of Arts, Science and Commerce, Sector 4, Airoli, Navi Mumbai
YEAR-2021-22

EVENT: Job readiness

STREAM: TY

DATE:20/01/2022-22/01/2022

SR.NO.	NAME OF THE PARTICIPANTS
1	ALKUTE SUPRIYA BHAUSAHEB (ANITA)
2	ANERAO SAGAR SURESH (SHALINI)
3	BALID KIRAN DILIP (REKHA)
4	BANSODE ASHWAINI VITTHAL (SHALINI)
5	BARGE KIRAN PRATAP (VANDAN)
6	BELOSE ATISH GANESH (PUSHPA)
7	BELOSE SHREYAS PRADEEP (PRACHI)
8	BELOSHE SAKSHI HANUMANT (NALINI)
9	BHAGAI ANIKET SANJAYREDDY (RENUKA)
10	BHARTI RAJKARAN KUBERPRASAD
11	BHOYE KRANTI SHANTARAM (ARUNA)
12	BOCARRO MOSES GRACIOUS (THERESA)
13	BOMBLE SWAPNIL SURESH (SUVARNA)
14	BORGAVE MAHADEVI DILIP (KAVITA)
15	CHAND SARASWATI HARIBAHADUR (NIRADEVI)
16	CHANDE VRUSHALI SUDHAKAR (RAMA)
17	CHAURASIYA SAVITA GAYAPRASAD (NEELAM)
18	CHAURASIYA SEEMA RAMBAHADUR (ANITA)
19	CHAVAN RAHUL DATTATRAY (SUVARNA)
20	CHAVAN RASIKA RAVINDRA (RAVINA)
21	CHAVAN SHUBHAM BHAUSAHEB (MANISHA)
22	CHAVAN VINIT RAMESH (BHARTI)
23	CHOUDHARY GAYATRI RAJKUMAR (RAKHI)
24	DANGE VISHAL RAJABHAU (GODAVARI)
25	DAUNDE PANKAJ BALARAM (SWATI)
26	DEORUKHKAR SHUBHAM BABAN (POONAM)
27	DESHMUKH OMKAR SATISH (HEMALATA)
28	DESHMUKH PALLAVI ANIL (SAVITA)
29	DESHMUKH PRATIK DATTATRAY
30	DESHMUKH PRITI UDDHAV (SARIKA)
31	DEVADIGA RAHUL ANAND (RAJESHREE)
32	DHULAP NIKITA SANJAY (SUJATA)
33	DHUMAL SUDHIR VIJAY (SHUBHANGI)
34	DIWAKAR SACHIN RAJA (MALATI)
35	GADBADE VAISHNAVI BHIMA (MAHANANADA)
36	GAIKWAD DIVYA DIGAMBAR (SHEELA)
37	GANGURDE NISHANT MILIND (SUVARNA)
38	GASTE SURENDRA PANDIT (VIJAYSHREE)
39	GHADGE ABHIJEET SAHADEV (SAVITA)
40	GHALKE SANDESH SANJAY (SAVITA)
41	GHOARE RUSHIKESH SHEKHAR (RAJANI)
42	GOLE PRAVIN LAXMAN (GURAVANBAI)
43	GOSAVI DEVESH DILIP (DIVYATA)
44	GOVEKAR ADITI NIMBAJI (BHAVANA)
45	GOWDA RANJITA SRIDHAR (SHANTHI)
46	GUPTA AMITKUMAR VIJAYKUMAR (USHADEVI)
47	GUPTA ANKITA ASHOK (SANTOSHI)
48	GUPTA GAUTAMKUMAR PRAMOD
49	GUPTA KOMAL RAMESH (RAJKUMARI)
50	GUPTA LAVKUSH ASHOK (SHARADADEVI)
51	GUPTA POOJA PREMSHANKAR MALA
52	GUPTA REENA JAWAHARLAL (KUSUM)
53	GUPTA VAISHNAVI JITENDRA (ANITA)
54	HEND KALYANI ARUN (SUNITA)



55	HULE ANIKET SANDIP (KANCHAN)
56	HUSGE BHUPEN JAGDISH (LAXMI)
57	ILLALE NIKHIL RAJU (PRIYANKA)
58	INGALE PRATHAMESH CHANDRAKANT
59	INGLE ROHINI RAM (AYODHYA)
60	INGOLE TANVI NIVRUTTI (SUSHILA)
61	JABARE DIVYA KRUSHNA (KALPANA)
62	JADHAV CHIRAG MUKUND (JYOTI)
63	JADHAV ABHIJEET GOPAL (MERCY)
64	JADHAV ASHANK ASHOK (ASHA)
65	JADHAV POOJA JAYWANT (MANISHA)
66	JADHAV VAISHNAVI VILAS (KAVITA)
67	JADYAR HEMANGI VIJAY (GEETA)
68	JAGDALE ANKUSH SHANKAR (KAVITA)
69	JAGDALE LOVE SHANKAR (KAVITA)
70	JAIWAR RAVINA RADHESHYAM (MEENA)
71	JAVKAR MITESH NAVNATH (NILEEMA)
72	JHA KHUSHBOOKUMARI YOGANAND
73	KADAM ROHIT MOHAN (SUREKHA)
74	KADAM YASH DINKAR (PARVATI)
75	KADIYAL PRIYANKA ANAND (AKSHATA)
76	KALDHONE ARCHANA RAJENDRA (REKHA)
77	KALE CHIRAG DEEPAK (JYOTI)
78	KAMBLE MANSI DHANAJI (SUBHADRA)
79	KAMBLE RUTUJA VILAS (PRATIBHA)
80	KAMBLE SONU SHIVARAM (KAVITA)
81	KAMTI KOMAL SHANKAR (MIRDULA)
82	KANWAR NEHAL TEJ SINGH (CHAND)
83	KASAR SACHIN HEMANT (VARSHA)
84	KATARKAR MANSI RAJESH (RATNAPRABHA)
85	KAZI ANAM AYYAZ (SHABANA)
86	KELSHIKAR SNEHAJ SANJAY (SNEHAL)
87	KENJALE SHRADDHA DEEPAK (SANGEETA)
88	KEWAT ROSHANI RAMRAJ (CHINKI)
89	KHAIRE MAYURI ASHOK (BHAVNA)
90	KHARATMOL SHRUTI GANESH (ARCHANA)
91	KHOSE PRAJAKTA POPAT (INDU)
92	KHOT PALLAVI MADHAVRAO
93	KHOT SHIVTEJ PRAKASH (SHAKUNTALA)
94	KM SONI SHARADA PRASAD (SIDHORA DEVI)
95	KOLEKAR RUSHIKESH RAMESH
96	KOPARDE ANJALI PANDURANG
97	KORADE PRIYANKA SANJAY (MARUBAI)
98	KORLEKAR VAISHNAVI VIJAY (VARSHA)
99	KOTKAR CHANDANI PANDURANG
100	KOTKAR JIVITESH PRAMOD (USHA)
101	KOTKAR VEDANT YOGESH (BHARTI)
102	KUMAWAT MANISHA RAMSWAROOP
103	LAVHATE SONAL RAJESH (ASHA)
104	LAWANE ANUJA ARVIND (SHEETAL)
105	LOKHANDE PRACHI VISHWANATH
106	MADHAVI KRUTIKA SANJAY (KUNDA)
107	MADHAVI AMEY SANTOSH (SANGITA)
108	MADHAVI DRUSHTI HEMANT (MANDA)
109	MADHAVI GAYTRI VASANT (SANGITA)
110	MADHAVI PRADNYA MANOHAR (VAISHALI)
111	MADHAVI PRITAM KRISHNA (KALPANA)
112	MADHAVI SAHIL JAGDISH (HARSHADA)
113	MADHAVI SAPANA AJIT (JAYMALA)
114	MADHAVI SARVESH CHANDRAKANT (SHILPA)
115	MAGARE ROHIT SHAILEMDRA (SARALA)



116	MAGDUM PREETI NANDKUMAR (SMITA)
117	MAHANGADE SAGAR SUNIL (SHOBHA)
118	MAKARE SHUBHAM SUHAS (JAYSHREE)
119	MANDOLIKAR SARASWATI ASHOK (KAMLA)
120	MANYAR TARANNUM RAFIK (SHAINAJ)
121	MARDHEKAR PRATIK SURESH (ANITA)
122	MAREKAR ROHIT DILIP (MIRA)
123	MASKAR BHUSHAN UTTAM (KAMAL)
124	MATKAR OMKAR NANDKISHOR (NEHA)
125	MESHRAM BHARTI DINESH (KAVITA)
126	MHASKE SANKET NAVNATH (AKSHAYA)
127	MHATRE HARSHITA JAYRAM (JAYSHREE)
128	MHATRE SIDDHITA MILIND (NIRMALA)
129	MISHRA KAMALKUMAR SHESHMANI
130	MISHRA MANASI BRIJESH (VIMALA)
131	MISHRA SEJAL ARVINDNATH (SEEMA)
132	MISHRA SONALI SATYABHUSHAN (KIRAN)
133	MISTRI KUMARI JAYA RAJESH (ISLAWATIDEVI)
134	MOMIN MASOOM ASIF (RAHIL)
135	MORE SIDDHIKA PRASHANT (PANKAJA)
136	MORE UDAY RAHUL (SADHANA)
137	MULANI ALTHMASH DILAWER (MUNIRA)
138	MULIK PORNIMA RAJARAM (LAXMI)
139	NAIK ASMITA MADHUKAR (SHANTA)
140	NAIK BHAKTI MANOHAR (BABY)
141	NAIK NITESH HIRAMAN
142	NAIK UNNATI BHARAT (DEEPA)
143	NALGE OMKAR UTTAM (UJJWALA)
144	NATKAR SWAPNIL SHRIHARI (RESHMA)
145	NAVSARE PRITI VIJAY (RUPALI)
146	NEMAME DEEPAK SHRIDHAR (SHASHIKALA)
147	NICHITE HEMANANGI BHAU (SUVARNA)
148	NIKAM MIHIR KUNDAN (KAVITA)
149	NIKAM ROSHAN SHANTARAM (SARASWATI)
150	NIKAM SHUBHAM NARESH (VIDHYA)
151	NISHAD ANITA SHRITAUAN (KUSHUM)
152	PAL DALI LALBAHADUR (SATYAVATI)
153	PAL SACHIN JITENDRA (KALYANI)
154	PAL SWAPNALI LALBAHADUR (SATYAVATI)
155	PANDEY SHUBHAM OMPRAKASH (AARTI)
156	PANDEY SWATI OMPRAKASH (AARTI)
157	PANDEY VIKAS AKHILESH (POONAM)
158	PAREKH AADITYA RAJESH (SMITA)
159	PASWAN SAVITRI RAMHARAT (KETAKI)
160	PATEKAR PRITI KISAN (SUNITA)
161	PATIL ANIKET SANTOSH (JYOTI)
162	PATIL KSHITIJ SHASHIKANT (JAYMALA)
163	PATIL MANSI MAHENDRA (BHUMIKA)
164	PATIL MAYURI DEVIDAS (LATA)
165	PATIL PRATHAMESH NAMDEV



Sushiladevi
PRINCIPAL

Smt. Sushiladevi Deshmukh College of
Arts, Science & Commerce
Sec. 4, Andri, Navi Mumbai 400 708

College : Smt. Sushiladevi Deshmukh College of Arts, Science and Commerce, Sector 4, Airoli, Navi Mumbai
YEAR-2022-23

MCT

EVENT: YOGA
STREAM: SY
DATE:20/06/22-22/06/2022

SR.NO.	NAME OF THE PARTICIPANTS
1	ALLADA TARUN ISHWARRAO ROHINI
2	AMBEKAR MAYURI BABAN
3	ANERAO LEENA SURESH
4	ANSARI AFTAB SAJAUDDIN
5	ANSARI NOOR MOHAMMAD MUSAHEB
6	ASBE VIBHA BHASKAR VARSHA
7	BAGDE KANCHAN KESHAV PRATIKSHA
8	BAGWAN SANIYA HARUN
9	BAIRAGI BHAVANA SAMIR ANUSAYA
10	BANDAL SUPRIYA SHRIPAT
11	BANSODE ATHARV PRAJAKT
12	BAKIK CHINMAY LAXMIDHAR MINALI
13	BASSAN JASPREETKAUR GURNAMSING
14	BEHARA JHARANA NITYANAND LAXMI
15	BHALERAO SWAPNALI CHNANDRAKANT SANGEETA
16	BHARATI RUBINA RAJESH MANJU
17	BHARTI DIPESH RAMJATAN
18	BHENDEKAR KRANTI BABURAO VANDANA
19	BHOSALE NANDINI YUVRAJ
20	BHOSALE SUSHANT SHIVAJI USHA
21	BIND SUDHAKUMARI CHANDRAMANI RIAMUNADEVI
22	CHAUBEY SHIVAM PRADEEP
23	CHAUHAN PRITI AMARNATH URMILA
24	CHAUHAN SHRIKANT TRIBHUVAN
25	CHAURASIYA SUJEETA GAYAPRASAD
26	CHAVAN ANIKET PRAKASH KAVITA
27	CHAVAN PRIYANKA PANDURANG
28	CHIKANE VIJAYA BALKRISHNA
29	CHINKATE NIRMITI SANJAY
30	CHOPADE SHIVANI SATISH
31	CHORGE PRATHAM ANIL ASHA
32	CHOUBEY NAVNEET PRADEEP
33	CHOUHAN YASH RAMESH BHARTI
34	CHOWDHARY ANUSHKA ANIL
35	DANDANKAR NIKHIL BUDDHAPA
36	DAPHALE AARTI YASHWANT SHILPA
37	DARVE SWAPNIL LALU NIRMALA
38	DESAI VINAY MAHENDRA RESHMA
39	DEVADIGA PRAJWAL MAHALINGA
40	DHUMAL DIPALI MARUTI SANDHYA
41	DIGE RUTUJA RAMDAS
42	DIXIT SHASHANK BRAMHADEV
43	DOBHAL MAMTA SANTOSH NEETA
44	DUSHING SUMIT VILAS
45	DWIVEDI JANKIRAMAN UMESH SUNITA
46	EIPILI LALITA BHUBANESHWAR
47	GAIKWAD GAUTAM SHANKAR
48	GAIKWAD PAWAN ASHOK MEERA
49	GAIKWAD PREM SHIVANAND
50	GAIKWAD PRIYANKA BHIMRAO USHA
51	GAUD ABHINAV SUBHASH SANNOSEVI
52	GAVANDE RUTUJA BALSHIRAM KANCHAN
53	GAVATADE SHRIDHAR KRUSHNA



54	GAVHANE VIBHUTI DHIRAJ
55	GEDAM GANESH MILIND
56	GHADSHI RHUTUJA SUNIL SUREKHA
57	GHOLAP RESHMA TANAJI (SANGITA)
58	GHOLE NISHANT VINAYAK
59	GHOSALKAR PIYUSH NILESH CHITRA
60	GHULE MAYURI LAHU
61	GOGAWE MAYUR SURYAKANT SUMITRA
62	GOUDA AJIT KALUCHARAN
63	GOVALKAR ADINATH GANESH USHA
64	GUJAR AARYA AMOL ABHAYA
65	GUNJAL MONIKA NANASAHEB MANISHA
66	GUPTA AMIT ROHITKUMAR
67	GUPTA ANIKET PRAMOD SARITA
68	GUPTA DEEPAK RAMESH
69	GUPTA HARSH RAJMANI
70	GUPTA SATYAM SADAN
71	GUPTA SNEHA PAPPU PRAMILA
72	HALPATRAO SNEHA GAJANAN
73	HANDE ANUJ DIPAK
74	HANDE JAY DIPAK
75	ILLALE SANKET SANTARAM
76	JADHAV RAVINA GANESH
77	JADHAV SAKSHI SANTOSH SHRADDHA
78	JAIN YAMINI VIJENDRA
79	JAISWARA NISHANT SHAMBHOONATH
80	JAMBHULKAR KOMAL EKNATH
81	JHA ESHA SANJEEV
82	JHA SURAJ AMRESH
83	JOSHI BHAVESH NEELKANTH DHAPU
84	JOSHI NIKITA MARUTI
85	JOSHI TANMAY BHANUDAS
86	KADU SHUBHAM DATTATRAY NIRMALA
87	KALAL DIKSHA RAMESH SUSHILA
88	KAMBLE AISHWARYA PRAKASH
89	KAMBLE ASHWINI DATTA
90	KAMBLE KIRAN NILKANTH
91	KAMBLE PRATIKSHA SUDHAKAR VAISHALI
92	KAMBLE VISHAL DHANAJI CHHAYA
93	KASHYAP VIKAS RAJESH
94	KATARE ASHWINI ATMARAM SUNITA
95	KAUDGAVE RUPAM KISHAN ANUSAYA
96	KHADE AKASH VILAS
97	KHAN ARBAZ ISRAR
98	KHAN JAKI AHMAD SHAFI AHMAD
99	KHAN NASIM AKHTAR NAZNIN
100	KHAN SANIYABANU ISRAR
101	KHOKRALE YASH SUDHIR UJJWALA
102	KOKATE AKASH BALASAHEB
103	KOKIRKAR SANIKA CHANDRAKANT
104	KOLBANDREKAR PRADNYA LAVU
105	KOLI JAY SHASHIKANT
106	KSHIRSAGAR DIPTI SANTOSH
107	KUMAWAT PRIYANKA ROHITASH
108	SONAR POOJA KHAGENDRA
109	SUNDRIYAL PRIYANSHU KRISHNA
110	SURYAVANSHI KAUSTUBH GOVIND
111	SURYAWANSHI PRASAD BABURAO
112	TANAVADE ADITYA SURESH SUNITA
113	TARANGI ADITI NARENDRA



114	TARLEKAR SHANTANU SANJAY
115	TEMKAR MANGALA DEVIDAS
116	THAKUR HARSHA KRISHNA
117	THAKUR ISHA GANESH LEENA
118	THORAT JYOTI VIJAY
119	TIKANDÉ SWAPNIL SAMBHAJI ANJANA
120	TIWARI KIRTI SANJAY BINDU
121	UPADHYAY AKANSHA DHIRENDRA
122	VADAR ROHINI ASHOK SHOBHA
123	VAITY UTKARSHA LAXMAN ANJANA
124	VARALE PRATHAMESH GANESH
125	VERMA RAJESHKUMAR RAMSAHAY
126	VISHWAKARMA POOJA RAMPRABHAV
127	VISHWAKARMA SONI RAKESH
128	WAGH BHUSHAN DILIP RANJANA
129	WAGH TEJAS CHANDRASEN
130	WAGHE SOHAM KIRAN VAISHALI
131	WAGHMARE DEEPALI PRAKASH
132	WAGHMARE SWARUP VINAYAK
133	YADAV GANESH CHANDRASHEKHAR
134	YADAV KIRAN VEDPRAKASH
135	YADAV NEHA TRIBHUVN
136	YADAV POOJA HARIRAM
137	YADAV PRADEEP BHARAT INDRAVATI
138	YADAV PRIYA DAYASHANKAR
139	YADAV ROHIT GANESH RAJKUMARI
140	YADAV ROOPSHANKAR RAMJEET MUNNI
141	YADAV SHILPA PHOOLCHAND
142	YADAV SHRUTIKA SANTOSH
143	YADAV SONAM SABHAJIT
144	YADAV VIKAS BALESHWAR
145	OVHAL SAKSHI RAM
146	PAKHARE SANTOSH AMBADAS
147	PAL AAKASH RAMSEVAK
148	PAL MANISH LALCHAND
149	PAL SANDEEP ANIL
150	PAL TUSHAR SUNIL SUMAN
151	PANCHAL ATHARVA PRASHANT PRADNYA
152	PANDEY SNEHA ARUN BASANT
153	PANDEY TILAK JAGDISH NEELAM
154	PATEL MUSKAN RAJJAK
155	PATEL POOJA LALLUPRASAD
156	PATEL PRAKASH GOPARAM PABUDEVI
157	PATEL PRIYANKA NITIN
158	PATIL HARSHALI GAJANAN SAVITA
159	PATIL LOKESHA SANJAY SUVARNA
160	PATIL PANKAJ ASHOK
161	PATIL PRANITA JANARDAN
162	PATIL PRATIKSHA PRAKASH VANDANA
163	PATIL SEJAL ANIL NUTAN
164	PATIL SUMIT ANANT SHARMILA
165	PATIL VEDANGI CHANDRAKANT POURNIMA
166	PAUL JEFFRIN ISAAC MARTIN



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College : Smt. Sushiladevi Deshmukh College of Arts, Science and Commerce, Sector 4, Airoli, Navi Mumbai

YEAR-2022-23

EVENT: STRESS MANAGEMENT AND MEDITATION

Stream: FY

DATE:25/08/2022-27/8/2022

SR.NO.	NAME OF THE PARTICIPANTS
1	PUROHIT POOJA VAGARAM
2	RAHATE JIVESH ARVIND
3	Rajbhar Aakash Rapyare
4	Rajpurohit Mahima Ghanshyamsingh
5	RAJPUT DHRUV RAKESH
6	RAM RITUKUMARI GORKHNATH
7	RANJANE SANKET DEEPAK
8	RAO GUNJA CHANDRABALI
9	RATHOD HEMANT RAMESH
10	RATHOD UMESH DEVSINGH
11	RAWAL HARSH BABULAL
12	Rawte Harshada Rajendra
13	Rendke Sujal Suresh
14	SAHANI KHUSHBU PINTU
15	Salunkhe Bhoomi Deepak
16	SALUNKHE VAISHNAVI VINOD
17	Sandbhor Yashsree Sanjay
18	Sapkal Anusha Ravindra
19	Saroj Santosh Patiram
20	SAROJ SHRUTI RAJMAN
21	Sarvade Shruti Arvind
22	SAVARKAR DNYANESH JANARDAN
23	SAWANT ANUSHKA ULHAS
24	Sawant Deveshree Vijay
25	SAWANT TANVI RAVINDRA
26	SAYYAD SHADAB SIRAJ
27	SHAH HEENA ROSHAN
28	Shah Noorsaba Asfak ahmed
29	SHAH RITIK OMPRAKASH
30	SHAIKH IBAAD AZIZ
31	Shaikh Jeeshan Kalim
32	Shaikh Khalid Jakir
33	SHAIKH SHABBOO BIPHEN
34	SHARMA ABHISHEK MANOJKUMAR
35	Sharma Mushkan Mataprasad
36	SHARMA SAGAR MAHENDRA
37	Sharma Vicky Prashant
38	Shejwal Tanmay Vikas
39	SHELAR DIPESH DNYANESHWAR
40	SHELAR HARSHAL ANKUSH
41	Shelar Shyamal Dhondiba
42	SHELAR SOHAM VIJAY
43	Shelke Anjali Vaijnath
44	Shinde Nandini Pravin
45	SHINDE PRATIK DHANDIBHAU
46	SHINDE SMITA SUBHASH
47	SHINDE SUDESH SANTOSH
48	SHINDE TEJASVINI MADHAV
49	SHINGE NAGESHWARI RAHUL
50	SHINGE NIKHIL MARYAPPA
51	SHIRKE KARAN GANESH
52	SHRIVASTAV RIYA RAJU
53	SHUKLA RAJKUMAR DHIRENDRA



54	SHUKLA SNEHA KRISHNAKUMAR
55	SINGH AMISHA JAYCHAND
56	SINGH ANJALI ANISHKUMAR
57	SINGH AYUSH JAYPRAKASH
58	Singh Jiya Jitendra
59	SINGH PUSHPA ANAND
60	SINGH RISHI UPENDRA
61	SINGH SHRUTI BIKALESH
62	Singh Vishwadeep Kamlesh
63	Singh Yash Ajaypratap
64	SONAVANE DIPANSHU PARSHURAM
65	Sonawane Sakshi Narendra
66	SONI NEERAV SANTOSH
67	SONKAMBLE SHILPA SIDHAPPA
68	Sure Krunal Sunil
69	SURTE ROHIT BAPU
70	Survase Fulchand Sidram
71	SURVASE KARAN BALBHIM
72	SURYAWANSHI DIKSHA ARVIND
73	Suryawanshi Laxmi Shrirang
74	Suryawanshi Rutuja Pratap
75	SURYAWANSHI SUSHMITA BALAJI
76	Suryawanshi Vinayak Adikrao
77	Swami Rachita omkar
78	SYED MARIYAGAZAL ALAUDIN
79	TAMBE SEJAL ANIL
80	Tambhitkar Sarvesh Suresh
81	Tamboli Sahil Yakub
82	Tandel Dhanashree Kiran
83	Taralkar Niraj Chandrakant
84	THAKARE SMIT SANJAY
85	THAKUR SHUBHAM SUNIL
86	Thakur Yash Sunil
87	Thanekar Deepali Ravindra
88	TIWARI AISHWARYA AVINASH
89	TIWARI ANUP RAMESH
90	TOTRE SHRADDHA UTTAM
91	TRIPATHI DEEPSHIKHA PRAVIN
92	UDAMALE RUTUJA AMBADAS
93	Udmale Rushita Pandit
94	Varma Kajal Mahendra
95	Varma Shubham Udayshankar
96	Varma Yash Narendra
97	VERMA ANSHU NAKUL
98	VERMA BHARAT ASHOK
99	VIDHATE VIVEK RANJIT
100	Vishwakarma Aanchal Rajesh
101	VISHWAKARMA ANJALI ANIL
102	VISHWAKARMA KUMARI KOMAL SURESH
103	VISHWAKARMA LAXMI LALCHAND
104	Vishwakarma Nikhilesh ShriRamsahay
105	vishwakarma sakshi arvind
106	WADAGLE JOEL PRAMOD
107	WAGHMARE KHUSHI KAILASH
108	Waghmare Sagar Madhukar
109	Waje Diksha Dhananjay
110	WASAVE OMKAR NILESH
111	WAVEKAR JATIN BALKRUSHNA
112	YADAV AKHILESH GORAKHNATH
113	YADAV AMIT SURYABHAN



114	YADAV ANJALI DEEPAK
115	Yadav Anjali Vijaybahadur
116	YADAV ANKITA HARISHCHANDRA
117	YADAV DIVANSHU DHARMENDRA
118	YADAV GYANDEEP CHOTELAL
119	Yadav Jyoti Ramsajan
120	YADAV KARISHMA HARINDRA
121	YADAV KUSUM RAMSVARTH
122	YADAV LAXMI SUBEDAR
123	YADAV MONI GANESH
124	YADAV NEHA CHANDRAJEET
125	Yadav Nikhil Dinesh
126	YADAV NILAM RAJBAHADUR
127	Yadav Pritee laxminarayan
128	YADAV PRIYANKA SHYAMSUNDAR
129	YADAV RAHUL RAJNATH
130	YADAV REETA GAYARAM
131	Yadav Sachin Phirtu
132	YADAV SANDIP SINGH LALLAN
133	Yadav Shweta Ashwinkumar
134	YADAV SNEHA KRISHNAKUMAR
135	YADAV SONI GANESH
136	YADAV SUMAN DAYASHANKAR
137	Yadav Varun Vinod
138	YADAV VIKAS RAMKISHOR
139	Yadav Virendra Rajaram
140	ZALTE PRAVIN ANNA
141	Zinjad Hemant Rajaram
142	ZUMBADE ROHAN ANAND
143	BHOSALE SAMIKSHA SANTOSH
144	Bhuyan Avinash Ashok
145	Bodhe Abhijit Vijaykumar
146	Chalke Bipin Sambhaji
147	CHAMARIYA RONAK BHAVANJI
148	Chandivade Daksh Vijay
149	CHAUDHARI OMKAR SANJAY
150	Chaudhary Ramnivas Bhundaram
151	Chaudhary Sunil Hakkaram
152	CHAUHAN AARTI RAMDAWAR
153	CHAURASIYA SONAM INDRABAHADUR
154	CHAVARE PRATIKSHA CHANDRAKANT
155	Chimbulkhar Himanshi Sundar
156	CHORGE SAMIKSHA UDAY
157	CHORMARE PRACHI SHIVAJI
158	Choudhary Rekha Mohanlal
159	CHOUDHARY UZMA MOHD HANIF
160	Chougule Prathmesh Vithal
161	DAFALE SANIKA ANANDRAO
162	Dalvi Pranay Anandrao
163	DANGE SAKSHI BAJIRAO
164	DARJI HEENA KAMRUDDIN
165	Dhende Shital Laxman
166	Dhumal Sushant Vijay
167	DIVEKAR PIYUSH PANDURANG
168	DUBEY VARSA ASHOK
169	Fulsundar Sumit Sunil
170	GAIKWAD DAMINI BHASKAR
171	Gaikwad Kalash Prashant
172	Gaikwad Sagar Raju
173	GAMARE SANIKA SACHIN



174	GAONKAR KARAN RAVINDRA
175	GAUTAM ADITI AMARJIT
176	GAVALI OMKAR RAMCHANDRA
177	GAWADE JANHVI BHANUDAS
178	GAWAS DIVYA DAYANAND
179	GHANVAT PRATIK GORAKH
180	GHATVISAVE DIKSHA BABASAHEB
181	Ghodke Anjali Raju
182	Gorad Sanket Babusaheb
183	GORE RAJ HEMANT
184	GOTHVALE KARAN NAGANATH
185	GOTMUKALE AKSHAY VIKAS
186	GUPTA AMEET ARVIND
187	GUPTA ANJALI ASHOK
188	GUPTA AYUSH RAJENDRA
189	GUPTA MANISH MUNNA
190	GUPTA PREETI SUNIL
191	GUPTA PRIYA DASHRATH
192	Gupta Rahul Jayprakash
193	GUPTA SHIVSHANKAR RADHESHYAM
194	HIREKURAB SAIBANNA MALESH
195	Honwar Anjali Chandan
196	HOWAL SMIT SUNIL
197	HUBBARE SUMIT ANURATH
198	Indalkar Prachi Pandurang
199	INGALE OMKAR RAJU
200	Jadhav Manjiri Namdeo
201	JADHAV ROHINI GANESH
202	Jadhav Rohit Tukaram
203	Jadhav Sandesh Rajaram
204	JADHAV SUNNY RAJENDRA
205	JADHAV TILAK VINOD
206	JAISWAL ANKITA VIJAYLAL
207	JAISWAL PAYAL VINOD
208	JAISWAL SANGEETA RAMPRASAD
209	JAISWAR DEEPSAGAR SHIVKUMAR
210	JAMBHALE ABHISHEK SHIVRAJ
211	JAT ASHNAARVIND
212	Javir Simran Vitthal
213	JOSHI GITESH KAILAS
214	Kadam Omkar Bhanudas
215	KADAM PRANALI ARJUN
216	Kadam Radha Sudam
217	KADAM SAHIL PAPENDRA
218	KADAM SAHIL PAPENDRA
219	Kadam Sangram Uttam
220	KADAM SHWETA ARVIND
221	KADAM SHWETA ARVIND
222	Kadam Soham Anant
223	KADAM SUMIT NAMDEV
224	KALE GANESH UTTAM
225	Kale Preeti Babasaheb
226	KALE SAKSHI GORAKSHNATH
227	KAMBLE ANJALI TUKARAMM



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MCT

College : Smt. Sushiladevi Deshmukh College of Arts, Science and Commerce, Sector 4, Alroli, Navl Mumbai
YEAR-2022-23

EVENT: CYBER SECURITY

STREAM: FY

DATE:09/01/2023-11/01/2023

SR.NO. NAME OF THE PARTICIPANTS

1	Awasarmol Devanshi Bhimrao
2	Adagle Siddhi Vinayak
3	ADIKANE SAMIR SUDHAKAR
4	AGARWAL RAHUL SUNIL
5	AGRAWAL MEHUL ANIL
6	AHIRE RITU PRAVIN
7	Ahirrao Swaraj Sharad
8	AMBRE SHRAVANI SHAILENDRA
9	ANBHULE SUHANI HARIDAS
10	Ansari Nahid Tazuddin
11	ARUNDEKAR RIYA MANOJ
12	Atpadkar Milind Santosh
13	Baghel Shobha Rameshchandra
14	BALLAPA LAXMI BASRAJ
15	BANGERA RITHIN RAGHUNATH
16	BARBOLE SOHAM RAJENDRA
17	BENALI GANGADHAR SANJIVAPPA
18	BHANUSHALI DHANSHREE GANESH
19	BHANUSHALI HARSHAL DEEPAK
20	BHOSALE SAMIKSHA SANTOSH
21	Bhuyan Avinash Ashok
22	Bodhe Abhijit Vijaykumar
23	Chalke Bipin Sambhaji
24	CHAMARIYA RONAK BHAVANJI
25	Chandivade Daksh Vijay
26	CHAUDHARI OMKAR SANJAY
27	Chaudhary Ramnivas Bhundaram
28	Chaudhary Sunil Hakkaram
29	CHAUHAN AARTI RAMDAWAR
30	CHAURASIYA SONAM INDRABAHADUR
31	CHAVARE PRATIKSHA CHANDRAKANT
32	Chimbulkhar Himanshi Sundar
33	CHORGE SAMIKSHA UDAY
34	CHORMARE PRACHI SHIVAJI
35	Choudhary Rekha Mohanlal
36	CHOUDHARY UZMA MOHD HANIF
37	Chougule Prathmesh Vithal
38	DAFALE SANIKA ANANDRAO
39	Dalvi Pranay Anandrao
40	DANGE SAKSHI BAJIRAO
41	DARJI HEENA KAMRUDDIN
42	Dhende Shital Laxman
43	Dhumal Sushant Vijay
44	DIVEKAR PIYUSH PANDURANG
45	DUBEY VARSA ASHOK
46	Fulsundar Sumit Sunil
47	GAIKWAD DAMINI BHASKAR
48	Gaikwad Kalash Prashant
49	Gaikwad Sagar Raju
50	GAMARE SANIKA SACHIN
51	GAONKAR KARAN RAVINDRA
52	GAUTAM ADITI AMARJIT
53	GAVALI OMKAR RAMCHANDRA



54	GAWADE JANHVI BHANUDAS
55	GAWAS DIVYA DAYANAND
56	GHANVAT PRATIK GORAKH
57	GHATVISAVE DIKSHA BABASAHEB
58	Ghodke Anjali Raju
59	Gorad Sanket Babusaheb
60	GORE RAJ HEMANT
61	GOTHVALE KARAN NAGANATH
62	GOTMUKALE AKSHAY VIKAS
63	GUPTA AMEET ARVIND
64	GUPTA ANJALI ASHOK
65	GUPTA AYUSH RAJENDRA
66	GUPTA MANISH MUNNA
67	GUPTA PREETI SUNIL
68	GUPTA PRIYA DASHRATH
69	Gupta Rahul Jayprakash
70	GUPTA SHIVSHANKAR RADHESHYAM
71	HIREKURAB SAIBANNA MALESH
72	Honwar Anjali Chandan
73	HOWAL SMIT SUNIL
74	HUBBARE SUMIT ANURATH
75	Indalkar Prachi Pandurang
76	INGALE OMKAR RAJU
77	Jadhav Manjiri Namdeo
78	JADHAV ROHINI GANESH
79	Jadhav Rohit Tukaram
80	Jadhav Sandesh Rajaram
81	JADHAV SUNNY RAJENDRA
82	JADHAV TILAK VINOD
83	JAIWAL ANKITA VIJAYLAL
84	JAIWAL PAYAL VINOD
85	JAIWAL SANGEETA RAMPRASAD
86	JAIWAR DEEPSAGAR SHIVKUMAR
87	JAMBHALE ABHISHEK SHIVRAJ
88	JAT ASHNAA ARVIND
89	Javir Simran Vitthal
90	JOSHI GITESH KAILAS
91	Kadam Omkar Bhanudas
92	KADAM PRANALI ARJUN
93	Kadam Radha Sudam
94	KADAM SAHIL PAPENDRA
95	KADAM SAHIL PAPENDRA
96	Kadam Sangram Uttam
97	KADAM SHWETA ARVIND
98	KADAM SHWETA ARVIND
99	Kadam Soham Anant
100	KADAM SUMIT NAMDEV
101	KALE GANESH UTTAM
102	Kale Preeti Babasaheb
103	KALE SAKSHI GORAKSHNATH
104	KAMBLE ANJALI TUKARAMM
105	KAMBLE ANURAG ANKUSH
106	KAMBLE ARJUN NILKANTH
107	KAMBLE SNEHA PRAMOD
108	KANOJIYA KHUSHI SANJAY
109	Kanojiya Ragini Vinodkumar
110	KANSE SANIKA PRAKASH
111	Kanti Omprakash Jagdish
112	KARNE AKASH SURESH
113	kashid omkar Mahesh



114	KAWALDAR RAHUL BHIMASHANKAR
115	KAZI MOHD. ZAHUR AYYAZ
116	KEDARI PRANAYA NAVNATH
117	Keni Shruti Sanjay
118	KHADE SHREYAS MOHAN
119	KHAIRE OMKAR CHHAGAN
120	Khaire Prem Ashok
121	KHAN MANTASHA AJAZ AHMAD
122	Khan Shahabuddin Kalamuddin
123	KHANDEKAR NIRAJ NARSING
124	kharat Nihal Vinod
125	KOLI DEV DILIP
126	Konojiya Amarjeet Shivshankar
127	Kotkar Chirag Dipak
128	Kumavat Pravin Rameshkumar
129	KUMAWAT LALIT MOHAN
130	KUMBHAR OMKAR DILIP
131	KUMBHAR PIYUSH PRAMOD
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134	LINGATE ARYAN ANIL
135	Lokare Kaushik Santosh
136	Lokhande Sumedha Prabhakar
137	LONDHE KOMAL DILDAR
138	LONDHE OMKAR VILAS
139	LONDHE RUPALI VILAS
140	MADGUM OM NANDKUMAR
141	MADHAVI AYUSH PANDHRINATH
142	MADHAVI DEVESH AVINASH
143	MADHAVI GANESH AJIT
144	MADHAVI GRISHMA SANTOSH
145	Madhavi Hitesh Liladhar
146	MADHAVI KAUSTUBH BHIDAS
147	Madhavi Nidhi Datta
148	MADHAVI PRIYANKA BHARAT
149	Mahadik Om Hanmantrao
150	MAHAJAN NIKHIL YASHWANT
151	Mahalinge Tejas Balaji
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153	MANDARKAR DNYANESHWAR PRAKASH
154	Mandrekar Samiksha Naresh
155	MANE DHIRAJ SANJAY
156	MANIYAR SHAIKH MUSKAN SABIR
157	Matekar Madhuri Bhagwan
158	Maurya Nitesh Kamlesh
159	MHATRE HARSHADA PRAVIN
160	MHATRE KUNAL RAMA
161	MHATRE NEHA SANJAY
162	MHATRE SIDDHESH AJIT
163	MISHRA ABHISHEK SUNIL
164	Mishra Amitkumar Virendrakumar
165	MISHRA KUMARI MANISHA RAMAKANT
166	Mishra Navneet Pramod
167	MISHRA RANI BHUPENDRA
168	MISHRA YASH RAJENDRA
169	MOCHI ARTI RAJU
170	MORE SADHANA KAILASH
171	MORE SIDDHI SANDEEP
172	NAGAR SNEHA SUSHILKUMAR
173	NAIK SWATI SHRIDHAR
174	NAIKWADAY RAHUL SURYAKANT



175	Nair Adarsh Udaykumar
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181	NIMBALKA MOHIT MILAN
182	NISHAD JYOTINANDINI OMHARI
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185	Pal Mayank Lalbahadur
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195	PARTE VAIBHAVI LAXMAN
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197	PATEL POOJA ANIL
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201	PATIL ESHAN BHASKAR
202	Patil Harshani Anand
203	PATIL MANASI KRISHNA
204	PATIL MANSI SHIVAJI
205	PATIL MAYURESH BHAGAVAN
206	Patil Pratham Devidas
207	PATIL PRATIK PRABHAKAR
208	PATIL RIDDHI RAVINDRA
209	PATIL RONIT NAVNATH
210	PATIL SAHIL KISHOR
211	PATIL SAIL CHANDRAKANT
212	PATIL SAURAV RAVINDRA
213	PATIL SIDDHI CHANDRAKANT
214	Patil Siddhi Sanjay
215	PATIL SOHAM SANDIP
216	Pawar Roshni Chandrakant
217	Pawar Snehal Satish
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219	PISAL PRAFUL CHANDRAKANT
220	Pisal Pranay Lalasaheb
221	POHARE BHUMIKA NAGESH
222	Pothenar Nilesh Nagendra
223	Pothenar Sushmita Nagendra
224	Prajapati Brijesh Jagdish
225	PRAJAPATI NEHA GULAB
226	Prajapati Ranjit Vimal
227	PRAJAPATI SUHANI RAJENDRA



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